LITTLE FLOWER PARISH

32rd Sunday in Ordinary Time November 19th, 2023

Little Flower Weekend Masses

Saturday 5 p.m. Sunday 10 a.m. **Reconciliation** prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy 1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy 2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay Office Administrator: Valerio Quirino & Lauana Candido Caretaker/Maintenance: Rick Morin **Parish email:** littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue Regina, Saskatchewan S4N 0X2 Phone 306-522-8583 Email: littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

LITTLE FLOWER PARISH **33rd Sunday in Ordinary Time** NOVEMBER 19TH. 2023

Theme: Love isn't love unless you give it away. God invests his love in us, trusting that we will invest it in others. Left to ourselves, we would not dare to give such gifts. But God has made us his people, filled with power to risk, to build, to give, to triumph.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones. The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., Nov 21	+Repose of Clair Wingerter
Wed., Nov 22	No mass Intentions
Thu, Nov 23	+Repose of Kathleen Wingerter
Fri., Nov 24	No Mass Intentions
Sat., Nov. 25	+Repose of Janet Chenier

Return to Vibrancy Announcement:



Saint Thérèse had a deep love for the world around her and all that was in it.

As a young child she owned a favourite blue hat. She sometimes wondered if it were possible to love God as much as she

loved that hat. We know from her autobiography, The Story of a Soul, she loved God above all.

Saint Thérèse said: "When one loves, one does not calculate."

Offering of the Mass

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

ted to the hospital.



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucha-MASS rist, on their behalf. (Catechism of the Intentions Catholic Church). This practice dates as far back as Judas collecting a sin-

offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in Please also let your parish know if you've been admit- thanksgiving. Masses are requested through the parish office.

Stewardship Bulletin Bit November 19, 2023 33rd Sunday in Ordinary Time

"Well done, my good and faithful servant. Since you have been faithful in small matters, I will give you great responsibilities." - Matthew 25:21

God calls us to nurture and develop the gifts He has given us and then generously return a portion with increase. He doesn't want us to waste or hoard the gifts He has given us. He expects us to grow our gifts, to use them wisely, and to be generous with them. Unfortunately, many of us are not generous in proportion to all that God has given us. God asks us to be generous with all our gifts, espe-

cially the one that means the most to you.

Census/Registration Forms

We would like to express our gratitude to those who have already picked up and completed their census update envelopes.

As we continue with this important process, we want to emphasize the significance of providing complete information. Specifically, please ensure that you fill in **your birthday, marital status, family role, E-mail and religious affiliation.** These details are crucial for our records and help us better serve your needs.

We understand that some information may be sensitive. Please be assured that the data you provide is strictly confidential, and we will not share it with any external entities. Your privacy is of utmost importance to us.

The Little Flower Parish Raffle For three fantastic Prizes

The Raffle Fund-raising committee is appreciative of all the support. Every little bit helps. **Dorothy Neuman**

Many parishioners have already pitched in with a helping hand by offering raffle tickets to their families and friends. If you are able to sell a few extra tickets pick up a package at the quilt display before you leave.

Working together as a strong community we can have a sell-out. And remember, all the proceeds will benefit our parish.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Jack

Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, Frances Duyrek the lonely, vulnerable, and homeless, Suffering in the world, as well as all who are affected by war.

All Souls Mass - Thank you

Thank you for joining us at the All Souls Mass on November 2, honoring the memories of our departed loved ones. Your presence brought comfort to our shared remembrance.

As we hold the deceased in our prayers, we invite you to reflect on the list of names, a poignant reminder of the lives that touched ours.

Ernest Andrew Buzash George Gerard Gallagher Roy Anton Aspelieter Bennard Edward Herschmiller Patricia Anne Hutchinson Magdalen Helmeczi John Perko Bernadette Rogoschewsky Bertha Cecilia Hager Loretta Katherine Gervais Joseph Gerard Caron Dorothy Neuman Ella Elizabeth Klein

May the souls of the departed find eternal peace, and may our parish community continue to provide solace in these moments of remembrance.

With gratitude, Fr Joaquim Ibay

itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')



Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee. Did you know... Wood Mountain Lakota First Nation is located south-west of Moose Jaw and has approximately 305 members with most members living off reserve. The First Nation was not a signatory to any treaty. After Chief Sitting Bull's victory at the Battle of Little Bighorn, a number of Lakota relocated with Sitting Bull to what is now Canada to avoid reprisals by the US Cavalry. The First Nation was recognized through an Order-in-Council on August 5, 1930. In August, 2022, the Nation signed a <u>historic</u>

<u>Framework Agreement (https://www.canada.ca/en/crown-indigenous-relations-northern-affairs/news/2022/08/wood-mountain-lakota-first-nation-and-canada-sign-framework-to-advance-reconciliation-and-build-a-renewed-relationship.html) to guide Canada and the First Nation in renewing their nation-to-nation relationship. Chief LeCaine stated the agreement is a small step towards true recognition that they had traditional lands in Treaty 4 territory.</u>

Archbishop's Appeal



ARCHDIOCESE OF "I wonder how many churches and charitable organizations realize that community is one of the greatest gifts they have to offer. If we ask for money, it means that

we offer a new fellowship, a new brotherhood, a new sisterhood, a new way of belonging. We have something to offerfriendship, prayer, peace, love, fidelity, affection, ministry with those in need- and these things are so valuable that people are willing to make their resources available to sustain them." - Henri Nouwen, A Spirituality of Fundraising

Reflection

Today is World Day for the Poor. The readings fit into this day quite well. The Gospel parable about the talents shows us that we are the stewards of the world until Jesus returns, and how we manage our resources will be judged upon his return. So that puts the responsibility on us to be good stewards, not only of our wealth but of our world. So, it becomes critical to help those around us with the resources that we have. Often, we fail to understand the conditions and events that lead many into homelessness or poverty, especially if we have not experienced these things in our own lives. Your contribution to the Archbishop's Appeal helps organizations such as the Marian Center, which helps feed and clothe those who are struggling to afford the basic necessities of life. With your contribution, their work becomes easier to do. Please continue to support the Archbishop's Appeal so that we can ensure that the work of the Church can continue to lead others to experience the generosity and love of Christ.

LESSON THIRTY-TWO

How did Jesus save us on the cross?

Watch Videos: https://archregina.sk.ca/group/catecheticalsupport-parishes/

Catechism Text: CCC nos. 599 & 613.

Sacred Scripture: Matt 1.21 & 9.13, Romans 5.7-11 & 8.23-24

St. Pope John Paul II: "The power of Christ's cross and resurrection is great than any evil in which man could or should fear" (The Threshold of Hope 219).

Fleming Rutledge (Theologian). From his book: The Crucifixion. "No other mode of execution would have been commensurate with the extremity of humanity's condition under sin". FAQ: How can the Catechism be most effectively used by priests?

It is an invaluable pastoral resource and offers the Church's teachings in a positive, expository manner, avoiding argumentation or apologetics. It lends itself to be used in teaching, counseling and homilies. Especially helpful for faith questions concerning doctrine, it is a user-friendly resource with cross-referencing, indices and doctrinal issues are suggested in the liturgical cycle of readings. This provides background for the priest to address directly in his homilies. Seminarians can also benefit and, they, too, should read and study it.

TF374: Mental Health in the Bible Learning From Leah, Hannah, Jeremiah, and Naomi

Mental Health in the Bible Learning From Leah, Hannah, Jeremiah, and Naomi

Deacon Eric examines four more biblical figures as models for navigating mental health challenges. He discusses Leah, Hannah, Jeremiah, and Naomi and how their experiences can provide guidance and support for our own challenges today.

Show Snippet: "Naomi's story underscores the importance of social support and of opening ourselves to being a support for others. In spite of her grieving, she recognizes God's hand in sending the right people into her life at the right time and encourages her daughter-in-law, Ruth to do the same ... "

https://thinkingfaith.libsyn.com/mental-health-in-the -bible-learning-from-leah-hannah-jeremiah-andnaomi

Advent Prayer Service for Healing from Clergy Sexual Abuse

The Light Shines Through the Broken Places: Many people feel overwhelmed and unsure of how to re-

spond to victims and survivors of sexual abuse. Within the Advent spirit of light and hope, all are invited to join in prayer to offer support and compassion to those who have experienced clergy sexual abuse. Your presence matters as we build a responsive community of care. Join us on Sunday evening, December 3, the First Sunday of Advent, at 7 p.m. at

Holy Child Parish, 2636 7th Ave. East.

Mental Health and the Spiritual Life: How **Catholic Faith Practice Builds Mental Health** Resiliency

Dive into the intersection of faith and mental health with Deacon Eric Gurash of Emmaus Family Support Ministries. Gain valuable insights as Deacon Eric draws from personal experiences to explore how our Catholic faith can be a powerful tool in navigating mental health challenges. Discover the synergy between faith practices and clinical therapies, and uncover strategies to build resiliency. Join us at Holy Family Parish for this Faith & Fellowship event on Monday, November 27, from 6:30 pm - 8:30 pm for an engaging discussion and Q&A blending faith and practical insights over snacks and refreshments. Don't miss this opportunity to deepen your understanding and enhance your well-being. Learn more about Emmaus Family Support Ministries at www.emmaussupport.ca. Contact: spiritualenrichment@holyfamilyregina.com for more info.