

# ***LITTLE FLOWER PARISH***

**FIRST SUNDAY OF ADVENT**

**DECEMBER 3RD, 2023**

**Little Flower Weekend Masses**

Saturday 5 p.m.

Sunday 10 a.m.

**Reconciliation** prior to mass OR by appointment

**Weekday Masses**

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

**Office Hours (for in-person service)**

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

**Parish Staff**

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin

**Parish email:** [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)



***MISSION STATEMENT:** Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



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Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email:

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

**Land Acknowledgement**



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

# ***LITTLE FLOWER PARISH***

## **FIRST SUNDAY OF ADVENT**

### **DECEMBER 3RD, 2023**

**Theme:** Today marks the beginning of the church year, and our celebration leads us into the mystery of time redeemed by Jesus. He is the Lord of history and all time now bears his stamp. This Eucharist proclaims today in sign, the glory that one day will be fully revealed.



#### **This Week in the Parish . . .**

**Contact the office to request a Mass for your loved ones. The agenda for 2023 Mass requests is open**

Mass intentions for this week are:

Tues., Dec 5	+Repose of Ann Melon
Wed., Dec 6	+Repose of Clair Wingerter
Thu, Dec 7	+Int. Of Diana Day
Fri., Dec 8	+Repose of Karl & Nettie Folk
Sat., Dec 9	+Repose of Janet Chenier

Weekday Lector/Altar Server: Barb Aman

#### **Hospital Chaplains**

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

#### **Return to Vibrancy Announcement:**



**Saint Thérèse had a deep love for the world around her and all that was in it.**

**As a young child she owned a favourite blue hat. She sometimes wondered if it were possible to love God as much as she loved that hat. We know from her autobiography, *The Story of a Soul*, she loved God above all.**

**Saint Thérèse said: "When one loves, one does not calculate."**

#### **Offering of the Mass**



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

**Stewardship Bulletin Bit**  
**December 3, 2023**  
**First Sunday of Advent**

*"Be watchful! Be alert! You do not know when the time will come." - Mark 13:33*

We all take things for granted. In particular, we take time for granted. We make our lives too busy. We plan our days, weeks, months, even years in advance. Remember, our time on earth is a gift. None of us knows how long we will be here. Start today and begin thanking God for each and every day. Take time in silence, every day, and listen to how God is calling you right now to help build His kingdom on earth.

**Christmas Shoebox Campaign**



Thank you to everyone for their amazing support for our Christmas Shoebox Campaign. We were overwhelmed by the response. It takes time and careful thought to fill up a box. Many children in third-world countries will be excited to receive these boxes. We had a grand total of 64 boxes, all from Little Flower parishioners. I'd like to express special thanks to Cristina and Allan Abejar; they stayed after Mass on Sunday and loaded up all the boxes, so they were ready to deliver to the drop-off center.

Sincerely,

Barb Aman - Social Justice

**Prepare Your Heart for Advent at Little Flower Parish!**



Secure your spiritual companions for the upcoming season:

**2023-2024 Sunday Missals: \$5 each**

**Advent Season Little Blue Books: \$4 each**

Available at the back of the Church.

**Prayer Ministry**



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Jack

Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Louise Wingerter, Frances Gyurek the lonely, vulnerable, and homeless, Suffering in the world, as well as all who are affected by war.

**The Little Flower Parish Raffle Draw Date is Getting Closer**



The Raffle Fund-raising committee applauds the participation of parishioners. Many of you have bought and sold tickets. The great news is that we almost have a sell-out. Let's keep going until we make that happen!

**We ask that all Ticket Packages be returned as soon as possible, but not later than December 3. The tickets must be tabulated before the Draw on Dec. 10.**

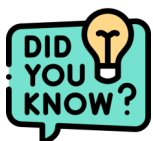
If you would like to pick up an extra ticket they will be available until December 3, after Mass or by calling Carol at 306-543-0915.

**Registration/Census Forms**



We would like to express our gratitude to those who have already returned their completed census forms.

If you have not yet had the chance to fill out your census form, we kindly ask for your cooperation in completing and returning it to us at your earliest convenience. **EVEN IF THERE ARE NO CHANGES TO REPORT, it is crucial for us to confirm your continued status as a parishioner at Little Flower.** Your participation in this process ensures that our records are up-to-date and reflective of the current composition of our parish. Your input is vital in helping us plan and organize events, as well as providing the best possible support to our community.



itwewin Corner (itwewin is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... From February 4 to 29, 2024, a display of paintings depicting each of the 94 Calls to Action resulting from the National Truth and Reconciliation Commission (2015) will be on display at the Neil Balkwill Arts Centre in Regina. The paintings are the work of students from the Balcarres Community School. More details will be coming.

## Archbishop's Appeal



ARCHDIOCESE OF  
*Regina*

Today is the solemnity of Our Lord Jesus Christ, King of the Universe. Christ the King will restore all creation and restore his kingdom to the Father. The risen people of God will rejoice in a new heaven and a new earth. In 2020, Pope Francis also declared this day World Day of Youth. Saint John Paul the Great had this to say to young people: "It is Jesus you seek when you dream of happiness; he is waiting for you when nothing else you find satisfies you; he is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives, the will to follow an ideal, the refusal to allow yourselves to be grounded down by mediocrity, the courage to commit yourselves humbly and patiently to improving yourselves and society, making the world more human and more fraternal." Your support of the Archbishop's Appeal contributes to the office of youth and young adult ministry so that through the programming, retreats, and work of the staff, all the youth of our archdiocese may come to experience and believe these words.

## LESSON THIRTY-FOUR

What is Grace?

Watch Videos: <https://archregina.sk.ca/group/catechetical-support-parishes/>

Catechism Text: CCC nos. 1996-1997 & 2000-2003

Sacred Scripture: Luke 1.30, 2.40, 2.52 & James 4.6, Romans 3.22-24

Saint Augustine: Grace alone brings about every good work in us.

Pope Francis: It is Christ, with His grace, who makes us just.

FAQ: Does the Catechism assist with the "new evangelization?" Yes. Pope John Paul II has termed the Catechism, "an instrument for the new evangelization." He consistently proclaimed that it involves both the transformation of contemporary culture and the personal, ongoing conversion of the individual believer, and these three elements are the energizing centre of the "new evangelization". Further saying that, "the new evangelization...requires first of all a catechesis." The Catechism presents the message of Christ in its entirety, with the unswerving teachings of the Church in relationship to the person of Christ who is at the heart of the Church's beliefs.

## Becoming a Sanctuary for Christ

An advent evening of adoration, prayer, reflection and creativity with Sr. Chantelle Bonk, PM  
Wednesday, December 6 @ 7pm

Holy Trinity Parish – 5020 Sherwood Dr.

Drawing and colouring supplies for the creative component will be provided. You are welcome to bring your journal, Bible, and any other creative medium that can be done from your pew.

Free will offering.

Questions?

Email [htrinityfaithformation@outlook.com](mailto:htrinityfaithformation@outlook.com)

## Pope Francis' Monthly Prayer Intentions - December

Pope Francis releases his prayer intention for the month of December 2023, and invites everyone to pray that people with disabilities may be at the center of attention in our societies.

**By Devin Watkins**

*"Let us pray that people with disabilities may be at the center of attention in society, and that institutions offer inclusion programs that enhance their active participation."*

Pope Francis offered that invitation to Christians in The Pope Video released on Tuesday to accompany his monthly prayer intention for the universal Church. In the video, the Pope acknowledged that people with disabilities "are among the most fragile among us."

"Some of them suffer rejection, rooted in either ignorance or prejudice, which then marginalizes them," he added.

Accompanying everyone with 'big hearts'

Pope Francis therefore urged civil institutions to put in place projects that provide "access to education, employment, and places where they can express their creativity."

Along with the inclusion of people with disabilities in society, the Pope said they need to be accompanied with "big hearts".

"It means changing our mentality a little and opening ourselves to the abilities and talents of these people who are differently abled, both in society as well as in the life of the Church," he said.

The Pope also invited the local churches to work toward increased access and involvement as integral members of parish life.

"Creating a completely accessible parish does not only mean eliminating physical barriers," he said. "It also assumes that we stop talking about 'them' and start talking about 'us.'"