

LITTLE FLOWER PARISH

10TH SUNDAY IN ORDINARY TIME
JUNE 9TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy
1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy
2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

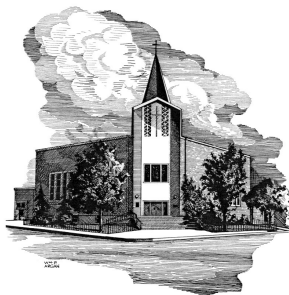
Office Administrator: Valerio Quirino &
Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: Conversion to a new way of life that is in conformity with God's will is not easy. This is what Jesus was preaching - conversion involves change. He has encouraged us to come to him when we feel heavily burdened and he has promised to carry the burden with us.



Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

- Tues. 11 +Repose of Ron & Ronnie Strassburger
- Wed. 12 +Repose of Laurenso
- Thu. 13 Int. Of Anthony & Louise Wingerter
- Fri. 14 +Repose of Kathleen Wingerter
- Sat. 15 +Repose of Dolores Blank

Altar server Of the Week: Barb Aman

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving.

Return to Vibrancy Announcement:



Although St. Thérèse described herself as a fragile little flower, the notion of doing spiritual battle to save souls held a strong appeal for her. Like a soldier fitted for war she was ready for battle: humility her armour and love her only weapon. She had a faith of mustard seed proportions, enabling her to perform unlimited charitable acts.

St. Thérèse said: "A heart enfolded in Divine love cannot remain inactive."

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bit June 9, 2024 10th Sunday in Ordinary Tim

"If a kingdom is divided against itself, that kingdom cannot stand." - Mark 3:24

Within your parish community, do your ministries collaborate with each other or do they compete against each other? Do your parish ministries work for the greater glory of God or do they work for the glory of the people running them? The primary goal of parish ministry is not to increase Mass attendance, increase the number of volunteers or increase offertory. The primary goal is to be one Body of Christ that helps people take one step closer to Jesus. If it's not doing that, it's not worth doing.



Join us for a delightful Father's
Day Pancake
Breakfast on June 16th!

We're thrilled to invite you to an exciting event happening at our church: Our Father's Day Breakfast!

Date: June 16th

Time: 9am - 12pm

Location: Little Flower Hall

Prices:

Adults: \$12

Children (12 and under): \$5.00

Kids aged 5 and under: Free

Everyone is welcome! Whether you're a regular attendee or it's your first time visiting, we'd love to have you join us.

No advanced tickets will be sold

Little Flower Facebook Page



If you haven't already, we invite you to LIKE and FOLLOW our page to ensure you don't miss out on any of the exciting updates. You can search for us as "Little Flower Parish" on Facebook, or simply use the QR code provided below to easily access our page.



Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.

Mass Schedule Adjustment Announcement



Please note that our 8:00 AM Mass on Thursday (June 13th) will be adjusted to 9:30 AM. This is due to the St. Augustine staff and students joining us for the Mass.

All are welcome to attend this special Mass, which will begin at 9:30 AM in the church.

We apologize for any inconvenience this may cause and appreciate your understanding.

Donut Day Alert!



Attention all parishioners! We're excited to announce that our next Donut Day will be held this Sunday, June 9th! This is your chance to enjoy a delicious assortment of donuts and fellowship with your fellow parishioners.

Important Note: This will be our last Donut Day until September, so be sure to mark your calendars and join us on June 9th!

We look forward to seeing you there!

Thank you



We are thrilled to announce that Plant Ranch and our Caretaker, Rick Morin, have generously donated a beautiful selection of plants to our parish. Their thoughtful contribution will help make our parish grounds more beautiful and vibrant this summer.

We are grateful for their kindness and generosity, the flowers and plants will be on display throughout the summer, bringing joy and beauty to our community. May God bless them for their efforts!

Thank you for making our parish a more lovely and welcoming place.

FUNDRAISING SUPPER FOR ST. ANTHONY'S PARISH

BASEMENT REPAIR PROJECT

Please join us on Thursday, June 27th at the Italian Club
Cocktails 6:00, Supper 6:30
Adults: \$30 – Youth: \$15
Door Prizes, 50/50 Draw, Silent Auction, Cash Bar
Tickets can be purchased from Halina (306) 552-3336

St. Philomena Walking Pilgrimage

Walk the St. Philomena Walking Pilgrimage, August 11-14, 2024 sponsored by the Archdiocese of Regina. Join pilgrims from ages 7-77 in this life changing, 4-day journey from Yorkton, Sk. to the Shrine of Our Lady of Lourdes, Rama Sk. This will be our 6th year making the 100 km walk! It's an experience that merits many blessings and many wonderful memories. For more information and to register, visit: www.stphilomena.ca

Come and Go Farewell for Deacon Barry Wood

You are invited to join the Archdiocese of Regina in wishing Deacon Barry a Happy Retirement. We will have a Come and Go Farewell gathering on Thursday, June 20 from 3:00 – 5:00 PM at our office at 200 – 2151 Scarth Street. To assist with reception planning, please RSVP to mgurash@archregina.sk.ca by Friday, June 14.

Lay Formation Commissioning

Mass Saturday, June 15 at 1:00 PM at Holy Trinity Parish, 5020 Sherwood Drive If you plan to attend, please RSVP to mgurash@archregina.sk.ca by Friday, June 7, 2024. The Archdiocese of Regina's Lay Formation Program has been providing well-formed, evangelizing disciples for over 35 years. Our alumni serve as leaders in liturgical and catechetical roles, as well as in pastoral and other parish groups, teams, and committees. Join our program and become part of this community of leaders. Our Fall intake starts this November, with weekend sessions held monthly at Campion College. Register now to deepen your understanding of Church and faith and discern how best to offer your God-given gifts and talents in service. For more information on how to register, contact Deacon Eric Gurash at 306-352-1651 ext 6724 or email him at egurash@archregina.sk.ca.

TF #404: Spiritual Peer Support Breaking Stigma and Preserving Dignity Through Acknowledgment

Deacon Eric Gurash discusses the role of core values in spiritual peer support as they are encountered in Emmaus Support Mental Health Ministry and zeros in on the value of acknowledgment. He examines the root of this value in compassionate listening and how it can be more deeply informed by the model of Christ in the Gospels and the Ignatian Spiritual practice of spiritual conversation.

Show Snippet: "In Spiritual Peer Support, acknowledgment is transformative, fostering empathy and understanding through active listening and non-judgmental attitudes. Participants validate each other's experiences, reducing stigma and creating trust and connection."

To learn more about Emmaus Support Mental Health Ministries, visit: <https://emmaussupport.ca/> <https://thinkingfaith.libsyn.com/spiritual-peer-support-breaking-stigma-and-preserving-dignity-through-acknowledgment>

Rapid Access Counselling for those Impacted by Suicide Loss

Free 1-Hour Sessions with trained counsellors Available in-person, phone, and video appointments Book your session at counsellingconnectsask.ca Provided by Family Service Saskatchewan Catholic Family Services of Prince Albert, 306-922-3202 Family Service Regina, 306-757-6675 Family Service Saskatoon, 306-244-0127 PARTNERS Family Services (serving rural central Saskatchewan), 306-682-4135

