

# LITTLE FLOWER PARISH

13TH SUNDAY IN ORDINARY TIME  
JUNE 30TH, 2024

## Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

**Reconciliation** prior to mass OR by appointment

## Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy  
1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy  
2nd & 4th Friday of the month 10 a.m.

## Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

## Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &  
Lauana Candido

Caretaker/Maintenance: Rick Morin



*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



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Phone 306-522-8583

Email:

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

## Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

# ***LITTLE FLOWER PARISH***

## **13TH SUNDAY IN ORDINARY TIME**

### **JUNE 30TH, 2024**

**Theme:** Jesus is the compassionate healer. He exercises his extraordinary power with a gentle touch. He has enriched us, his church, with that power. Through us, Jesus continues his compassionate mission.



**Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open**

#### **Mass intentions for this week are:**

- Tues. 2 +Repose of Ron & Ronnie Strassburger
- Wed. 3 Int. Of Anthony & Louise Wingerter
- Thu. 4 +Repose of Roberto Dequinto, Roberto Bedonia & Lucila Bedonia
- Fri. 5 +Repose of Clair Wingerter
- Sat. 6 +Repose of Harold Kelm

#### **Return to Vibrancy Announcement:**



**Although St. Thérèse described herself as a fragile little flower, the notion of doing spiritual battle to save souls held a strong appeal for her. Like a soldier fitted for war she was ready for battle: humility her armour and love her only weapon. She had a faith of mustard seed proportions, enabling her to perform unlimited charitable acts.**

**St. Thérèse said: "A heart enfolded in Divine love cannot remain inactive."**

#### **Offering of the Mass**



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving.

#### **Hospital Chaplains**

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

## Pope's Monthly Prayer Intentions - July



We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

thepopevideo.org.

## MARRIAGE PREP 'Couples Connect' PROGRAM

for dating, engaged and newly-married couples.

Eight Session with dynamic speakers, couple sharing time, and Q&A at each session along with a wrap-up dinner.

Session Dates: Sunday afternoons - 2:00 - 5:00 pm. Dec.1 & 15, Jan.5 & 19, Feb.2 & 16, Mar.2 & 16

Registration Fee: \$150/couple. FOR MORE INFORMATION CONTACT: Denny and Cynthia Lizée – dlizee@sasktel.net

## Exciting News!



Mark your calendars for the Little Flower Parish Fall Supper!

**When: Sunday, October 6th**

Join us for a wonderful evening of food, fellowship, and fun. Stay tuned for more details coming soon!

## Wishing You a Blessed Summer!

Dear Parishioners and Visitors,

As we enter the summer season, we wish you a time filled with joy, relaxation, and blessings. Whether you are traveling or staying close to home, may you find peace and rejuvenation in these warm and sunny days.

Stay safe and enjoy this beautiful season!



## Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.

## Bulletin Announcement



As we head into our summer months, please note for the month of July and August, we will have one bulletin for each month, rather than a weekly bulletin.

The regular weekly bulletin will resume for Labor Day weekend.

## Office Closure Announcement

Please note that the **Parish Office will be closed on Monday, July 1st in observance of Canada Day.**

We will reopen on Tuesday, July 2nd. If you need any assistance during this time, please email us or leave a message on our voicemail, and we will get back to you as soon as possible. Thank you for your understanding.



## Stay Connected with Little Flower Parish!



We invite all parishioners to stay up-to-date with the latest news and events at Little Flower Parish by following us on Facebook. It's a great way to receive rapid updates and stay connected with our community.

You can find us by searching for **Little Flower Regina** on Facebook. Alternatively, you can use the QR code below to access our page directly.

Let's grow our online community together—like, follow, and share our posts!

Thank you for your continued support and participation



## Stewardship Bulletin Bits June 30, 2024 – July 28, 2024

### June 30, 2024 13th Sunday in Ordinary Time

*"...as a matter of equality your abundance at the present time should supply their want, so that their abundance may supply your want, that there may be equality." - 2 Corinthians 8:14*

One of the tenets of living a grateful and generous lifestyle is giving without expecting anything in return. It is important that we not only grow, nurture, and share our gifts; but that we also teach our children and encourage others to do the same. This is the communal aspect of our Catholic faith. We are the "Body of Christ." We are called to be dependent on each other and not live in isolation.

### July 7, 2024 14th Sunday in Ordinary Time

*"As the Lord spoke to me, the spirit entered me and set me on my feet, and I heard the one who was speaking say to me, 'Son of man, I am sending you...'" - Ezekiel 2:2-3*

God has a plan for each of us. He calls us to do something for Him. But, He doesn't leave us on our own to figure it out. He gives us the resources we need to do His work. Are you listening for God's call? When you hear it, do you get on your feet and do the work He asks of you? Do not be afraid. God doesn't call the equipped, he equips the called. Answer His call.

### July 14, 2024 15th Sunday in Ordinary Time

*"He instructed them to take nothing for the journey but a walking stick – no food, no sack, no money in their belts."  
Mark 6:8*

Imagine taking nothing but a stick when you go on a trip. The Apostles must have really trusted in God's providential care. Think of all the material things "we can't live without" in today's world. We make our life's journey more difficult because of all the material baggage that we drag along. Putting God first in everything and putting our money and possessions second gives us freedom because we don't become "slaves" to wanting to acquire more things.

### July 21, 2024 16th Sunday in Ordinary Time

*"He said to them, 'Come away by yourselves to a deserted place and rest a while.'" - Mark 6:31*

Do you spend time, every day, alone and in silence listening to how God is calling you? If not, you are missing out on a wonderful opportunity to develop a more personal relationship with Him. Unless we talk and more importantly, listen to God every day, how else will we know how He is calling us? Consider making a retreat this year, spend some "alone" time with God.

### July 28, 2024 17th Sunday in Ordinary Time

*"There is a boy here who has five barley loaves and two fish; but what good are these for so many?" - John 6:9*

The miracle of the Loaves and Fishes carries two important messages. First, no matter how little we have, we always have enough to share. Second, Christ can take our humble gifts and do great things with them if we are just willing to let Him. Nothing is impossible with God. All of our gifts, big or small, were given to us for a reason. No gift is too small or insignificant!

## St. Cecilia Parish 70th Anniversary

St. Cecilia Parish, 5020 - 7th Avenue, Regina 70th Anniversary celebration on Sunday, September 1 with a special Mass at 10 am followed by a pancake breakfast. The Knights of Columbus, Father Burns Council, is hosting the free-will donation breakfast. Former members of St. Cecilia parish community are encouraged to join the celebration.