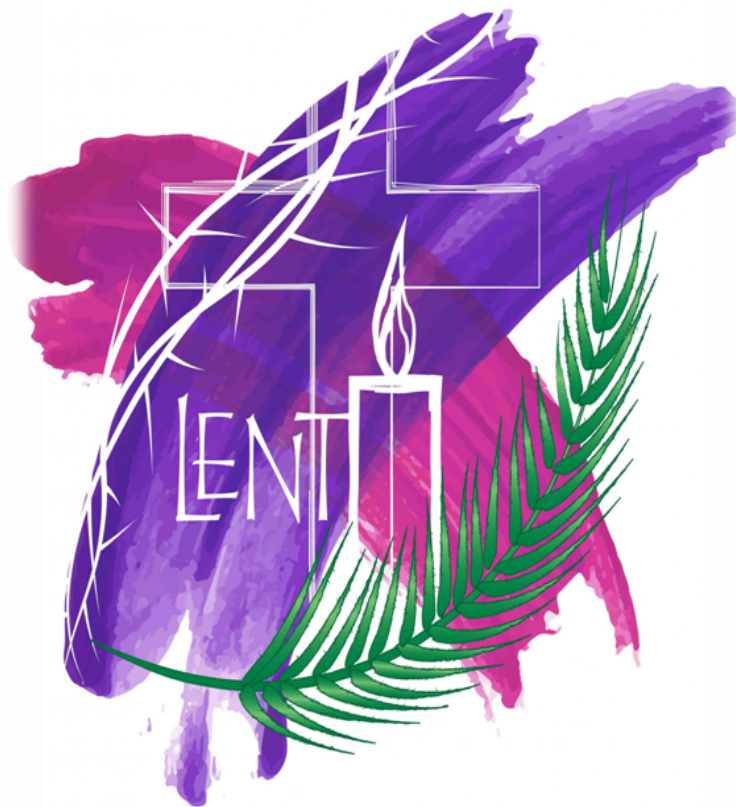


LITTLE FLOWER PARISH

**1ST SUNDAY OF LENT
MARCH 9, 2025**



Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 am to 1 pm

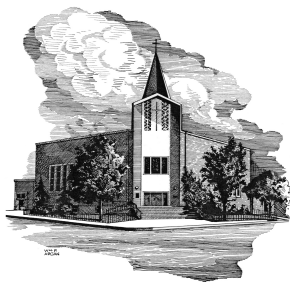
Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lilian Marouelli

Caretaker/Maintenance: Rick Morin

MISSION STATEMENT: *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



**420 College Avenue
Regina, Saskatchewan
S4N 0X2
Phone 306-522-8583**

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

1ST SUNDAY OF LENT

MARCH 9, 2025

Theme: The basic temptation of man is the temptation to pride and power. Christ undergoes these temptations in the desert and overcomes them because of his humility. He knows his relationship to the Father.



Mass Intentions

Tuesday	4:00 pm	No Mass Intention
Wednesday	8:00 am	No Mass Intention
Thursday	8:00 am	No Mass Intention
Friday	8:00 am	No Mass Intention
Saturday	5:00 pm	Repose of Rufina Brillantes

Altar Server: Barb Aman

To request a Mass Intention, please contact the Parish Office. The 2025 agenda is open.

St. Thérèse



When St. Therese was fifteen, she asked the Pope for permission to enter the Carmelite order, even though she was too young. When she began her postulancy she took the name “Sr. Therese of the Child Jesus and the Holy Face.” She dedicated her life to simple acts, for she believed that it was the small daily tasks that made one holy. This became known as St. Therese’s “Little Way”. It is the way we are called to do ordinary things with extraordinary love.

St. Thérèse said: “Love proves itself by deeds, so how am I to show my love?”

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bits
March 9, 2025
1st Sunday of Lent

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." - Deuteronomy 26:10

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer? Or do you give what you have left over? Second, do you realize that everything you have and that everything you are has been given to you by God? We aren't owners of anything; we are merely stewards of God's gifts. Pray for a grateful and generous heart every day, in all circumstances.

Readings for the 1st Sunday of Lent

First Reading – [Deuteronomy 26:4-10](#): Moses instructs the people to offer their firstfruits to God, remembering their ancestors' journey, oppression in Egypt, and God's deliverance and gift of the promised land.

Responsorial Psalm – [Psalm 91](#): Trust in God, who protects and rescues those who call on Him. He commands His angels to guard you and promises to be with you in trouble, delivering and honoring you.

Second Reading – [Romans 10:8-13](#): Confess that Jesus is Lord and believe God raised him, and you will be saved. There is no distinction; all who call on the Lord will be saved.

Gospel – [Luke 4:1-13](#): Jesus was led by the Spirit into the desert and tempted by the devil. He resisted by quoting Scripture, and the devil left him for a time.

Altar Servers at Little Flower Parish



We would like to take a moment to thank the dedicated children and families who serve as Altar Servers at Little Flower Parish. Your time, devotion, and commitment to serving during Mass, including special celebrations throughout the year, are greatly appreciated.

We also encourage any children who are interested in becoming an Altar Server to consider volunteering. If you or someone you know would like to join this important ministry, please reach out to us.

Training will be provided to all new volunteers before they begin serving.

Thank you again to all our Altar Servers and their families for your continued support and service!

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for the repose of the souls of Tim Wingerter and Hartley O'Connor. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk and Pope Francis.

Catholic Women's League



Welcome All Ladies!

Do you wish to join a ladies' group that prays together and holds other events for the betterment of the Parish? You are most welcome to join the **Catholic Women's League (CWL)**.

For more information or to join this most worthy group, please contact **Judy Klenk** at jklenk@myaccess.ca or by calling **306-789-6980**.

International Dinner – This Weekend!



We're excited to announce that the **International Dinner** is this **Saturday, March 8th at 6:00 PM** at Little Flower Parish.

Enjoy a variety of delicious dishes from around the world, including appetizers, main courses like Chicken Tikka Masala and Pork Adobo, and desserts like Bread Pudding and Gulab Jamun. The evening will feature entertainment by Jesse Stradeski's Elvis Tribute, a 50/50 Draw, and Prize Alley.

We look forward to seeing you there for a wonderful evening of food, fun, and fellowship! Thank you to everyone for your support!

Nominations for Parish Council & Finance Committee



On **Sunday, April 6**, we will be accepting nominations for **five open positions** on the **Parish Council** and **Finance Committee**. Nominees must be registered parishioners, fully initiated into the Catholic Church, and over 16 years of age.

Please return your nomination forms **by Sunday, March 23, 2025**, by **depositing them in the box at the church entrance**. Forms are available at the entrance.

Thank you!

A signature to *Turn Debt into Hope*



Next Sunday, March 16, you will be invited to sign the global Turn Debt into Hope campaign petition that calls for an end to unjust debt. With inequalities widening as rich countries continue enriching themselves by exploiting the resources of the poorest coun-

tries, we respond to Pope Francis's call:

"In the spirit of this Jubilee Year, I urge the international community to work towards forgiving foreign debt in recognition of the ecological debt existing between the North and the South of this world. This is an appeal for solidarity, but above all for justice." (Message for the World Day of Peace, January 1, 2025)

Help us reach the Canadian goal of 100,000 signatures, which will feed into the global goal of 10 million signatures. Sign now at devp.org/debt. Thank you for your solidarity!

Light in the Darkness Prayer Service to Support Victims of Clergy Sexual Abuse

All are welcome to join us on **March 14th at 7 pm at Holy Child Parish** 2636 -7th Ave E. for an evening prayer service, Light in the Darkness, to support victims of clergy sexual abuse. May the graces of the Jubilee year enable us to enter into a synodal relationship that demonstrates a commitment to restoring justice, trust and healing for those who bear the deep wounds of clergy sexual abuse. Coffee and conversation in the hall afterwards.

Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources, and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

TF #441 Brett Salkeld and Thomas Harmon on Ordo Amoris – Part Three

In this conclusion to our three-part series with Dr. Brett Salkeld and Thomas Harmon, we examine the complexities of immigration policy, the virtue of prudence in Catholic social teaching, and the deacon's role in personally serving those in need. The discussion explores how immigration policies impact family unity, the role of media in shaping public perception, and the tension between international and local solidarity. Through it all, we emphasize the need for nuanced, good-faith conversations that align with Catholic moral principles while allowing for diverse prudential judgments. <https://thinkingfaith.libsyn.com/brett-salkeld-and-thomas-harmon-on-ordo-amoris-part-3>

A Prayer for Pope Francis' Healing

Let us join in prayer for the full recovery of our Holy Father, Pope Francis. May the Lord, through the intercession of Our Lady, grant him renewed strength, health, and energy as he continues his vocation to serve the Church as the Successor of Peter and the Vicar of Christ on Earth.

We ask that the Lord bless him with courage and generosity of spirit as he continues to lead the Church. May he experience healing, comfort, and peace during this time of recovery.

We offer our prayers for Pope Francis, trusting in God's mercy and love.

Amen.

Pope's March prayer intention: 'for families in crisis'

Pope Francis releases his prayer intention for the month of March 2025, and invites everyone to pray for "families in crisis," as he acknowledges that no family is perfect, but that when we forgive our family members, we can rediscover peace.