

# LITTLE FLOWER PARISH

22ND SUNDAY IN ORDINARY TIME  
SEPTEMBER 1ST, 2024

## Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

**Reconciliation** prior to mass OR by appointment

## Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy  
1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy  
2nd & 4th Friday of the month 10 a.m.

## Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

## Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &  
Lauana Candido

Caretaker/Maintenance: Rick Morin



*MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue  
Regina, Saskatchewan  
S4N 0X2

Phone 306-522-8583

Email:

[littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net)

## Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

# ***LITTLE FLOWER PARISH***

## **22ND SUNDAY IN ORDINARY TIME**

### **SEPTEMBER 1ST, 2024**

**Theme: "From the fullness of the heart, the lips speak," says the proverb. Here our hearts are meant to speak praise and thanksgiving. But it is so easy to words to conceal, rather than reveal. In this celebration, we must fill our hearts with the prayer on our lips.**



**Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open**

#### **Mass intentions for this week are:**

Tues. 3	Int. Of Celia John-Phillip
Wed. 4	+Repose of Paul Bergmuller
Thu. 5	+Repose of Catherine Anh Bui
Fri. 6	+Repose of Clair Wingerter
Sat. 7	+Repose of Brenda Dyck

Altar server of the week: Gabe Seiferling

#### **Offering of the Mass**



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving.

#### **Return to Vibrancy Announcement:**



**St. Thérèse of Lisieux wrote of her profound love for the priesthood. One of the greatest desires of her soul was to have a brother who was a priest. This was not God's plan for her family. Instead, the Lord brought two young men who were preparing to become missionary priests into her life. St. Thérèse became a spiritual sister to Abbe Maurice Belliere and Pere Adolph Roulland. Through the deep spiritual bond they shared in Christ, they understood the power of prayer and the offering of penances. St. Thérèse said: "Miss no single opportunity of making some small sacrifice. Do the smallest thing and always do it all for love."**

#### **Hospital Chaplains**

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

**Stewardship Bulletin Bit**  
**September 1, 2024**  
**22<sup>nd</sup> Sunday in Ordinary Time**

*"Be doers of the word and not hearers only..." James 1:22*

It's easy to understand the definition of stewardship – living a grateful and generous life. The hard part is doing it! How do your words and actions reflect God's word? Do you share your time in prayer with God daily? Do you use your talent to help those in need without expecting anything in return? Are you generous with your financial resources? If not, what are you waiting for?

**Thank You for Making Our Trunk Sale a Success!**



Dear Vendors, Buyers, and Volunteers, We want to extend a huge thank you to everyone who helped make our Trunk Sale such a wonderful event! Your support and participation truly made a difference.

To our vendors and buyers: Your involvement and enthusiasm helped make the Trunk Sale lively and enjoyable.

We're so grateful for your time and energy.

A special thank you to our amazing volunteers. Your hard work and constant smiles made everything run smoothly. We appreciate all that you do to make our events special and successful.

We also want to thank those who made generous donations. Your support was key to the event's success and to supporting our parish.

A big thank you to our organizing committee. Your hard work and careful planning made sure everything went well.

We are also excited to announce that Maria Abejar is the lucky winner of the 50/50 draw, taking home a prize of \$275! Congratulations, Maria!

We can't wait to see everyone at next year's Trunk Sale. Thanks again for being such a big part of our community!

**Exciting News!**



Mark your calendars for the Little Flower Parish Fall Supper!

**When: Sunday, October 6th**

Join us for a wonderful evening of food, fellowship, and fun. Stay tuned for more details coming. soon!

**Prayer Ministry**



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.

**Food Drive**



Get ready for our monthly Parish Food Drive, next weekend, September 7/8. We'll be collecting a non-perishable food items to support individuals and families in need within our community.

Your contributions of these items will go a long way in providing nutritious meals for those facing food insecurity.

**Office Closure Announcement**



Please note that the **Parish Office will be closed on Monday, September 2nd in observance of Labor Day**

We will reopen on Tuesday, September 3rd.

If you need any assistance during this time, please email us or leave a message on our voicemail, and we will get back to you as soon as possible. Thank you for your understanding.

**Donut Day**



We're excited to announce that Donut Day is back! Join us next Sunday, September 8th, right after Mass. We'll be serving delicious donuts and Coffee downstairs—don't miss out

**Sacramental Preparation**



Sacramental Preparation Registration is now open! The program will begin on October 27th from 5:00 to 6:00 PM at Little Flower. For more information, **please contact the office at 306-522-8583 or email [littleflowerregina@sasktel.net](mailto:littleflowerregina@sasktel.net).**



## ArchRegina Congress

This year's ArchRegina Congress will be held on Saturday, September 21, from 10:00 AM – 2:30 PM at Resurrection Parish, 3155 Windsor Park Road. The day will begin with an optional Mass at 9:00 AM, lunch will be provided. Registration is now open. Please email [mgurash@archregina.sk.ca](mailto:mgurash@archregina.sk.ca) or call 306-721-6734 to register. The deadline to register is Tuesday, September 17.

### Archdiocese of Regina Senior Accountant Full-Time Position

For details on this position, please visit our employment page [archregina.sk.ca/employment/](http://archregina.sk.ca/employment/). Application deadline is September 13, 2024.

### HOLY ROSARY CATHEDRAL will host a concert of the organ music of TATE PUMFREY on Friday, September 20th at 7 PM.

Sponsored by the RCCO Regina Centre, three organists will perform, culminating in the world premiere of the Organ Sonata No. 1, based on Gregorian chant from Holy Week, commissioned by Renée de Moissac, and written with this instrument in mind.

Canadian composer Tate Pumfrey (b. 1998) grew up in Thamesville, Ontario and studied at Western University where he received a Bachelor of Arts in Music. In 2022 he completed a Master's Degree in Composition at York University under the supervision of composer Stephanie Martin. His teachers and mentors include Gilles Maurice Leclerc, Jeff Smallman, and the late Rachel Laurin. A strong interest in Catholic sacred music has led to the self-publication of two volumes of 24 original hymns each (in collaboration with Australian poet-organist Christian Catanos).

### Pope Francis' Monthly Prayer Intentions - September

#### For the cry of the earth

That each of us listens with our hearts to the cry of the earth" is the prayer intention for the month of September. Catholics are also asked to pray this month for victims of environmental disasters and the climate crisis [popevideo.org](http://popevideo.org)

## Go Make Disciples

Become a leader in your parish and the wider community, by serving the people of God as an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program provides you with the skills, tools, and opportunities to deepen your spiritual life and assess your God-given gifts and talents. Join our weekend sessions at Campion College starting this November and become part of a community of leaders serving God's people in a variety of roles. Our three-year program will deepen your understanding of Church and faith through solid teaching by our own diocesan priests and religious as well as lay men and women who are experts in their respective fields of theology, ethics, social justice, and more. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at [egurash@archregina.sk.ca](mailto:egurash@archregina.sk.ca).

### Christian Centering Prayer is a silent prayer of simply resting in God.

A Centering Prayer Introductory Workshop will be held at Holy Rosary Cathedral on Saturday, October 5th from 10 am to 3 pm. There is a suggested donation of \$25; Lunch will be provided. For more information about Centering Prayer or to register for the workshop please contact Judy Corkery: [judithcorkery@gmail.com](mailto:judithcorkery@gmail.com) or call 306-543-2914.

### Conquest Boys' Club

Registration is now open for the Conquest Boys' Club 2024-25 year! Conquest Boys' Club is for Catholic boys who want to grow in virtue, to learn more about their faith and serve the church. Conquest is a leadership program that helps form the future leaders of our church, future fathers, future husbands and builds strong foundations for our Catholic young men. To register, email [conquest.regina@gmail.com](mailto:conquest.regina@gmail.com)

### Stretch & Relaxation Class

Classes to begin Wednesday September 11 to November 27. 3:00-4:00 PM, 11 classes for \$55.00 plus \$10 annual membership! Minimum class of 10m with Leader-Alice Samkoe at Our Lady of Peace Parish. Contact Betty at 306-545-3402