

LITTLE FLOWER PARISH

23RD SUNDAY IN ORDINARY TIME
SEPTEMBER 8TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy
1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy
2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lauana Candido

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: Jesus is the distant God come close to us. He stands among us as the embodiment of God's love. In his person, he is healing for all our hurts. He reaches out and touches us with his love.



Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

Tues. 10 +Repose of Ron & Ronnie Strassburger
Wed. 11 +Repose of Doug Bergmuller
Thu. 12 No Mass Int.
Fri. 13 No Mass Int.
Sat. 14 +Repose of Elsie Huerto

Altar server of the week: Jean Zdunich

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving.

Return to Vibrancy Announcement:



St. Thérèse of Lisieux wrote of her profound love for the priesthood. One of the greatest desires of her soul was to have a brother who was a priest. This was not God's plan for her family. Instead, the Lord brought two young men who were preparing to become missionary priests into her life. St. Thérèse became a spiritual sister to Abbe Maurice Belliere and Pere Adolph Roulland. Through the deep spiritual bond they shared in Christ, they understood the power of prayer and the offering of penances.

St. Thérèse said: "Miss no single opportunity of making some small sacrifice. Do the smallest thing and always do it all for love."

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bit
September 8, 2024
23rd Sunday in Ordinary Time

"Did not God choose those who are poor in the world to be rich in faith and heirs of the kingdom that he promised to those who love him?" James 2:5

What is more important – being rich in faith or rich in possessions? Society tells us that possessions are most important. God teaches a different lesson. When we are rich in faith, we keep God first and experience true joy and peace. When we put possessions first, we soon realize we can never have enough and happiness is fleeting. When we put faith over possessions we truly realize it is better to give than receive.

Fall Turkey Supper



Join us for our Fall Turkey Supper on **October 6th at 5:00 PM** in the Little Flower Auditorium at 420 College Avenue!

Ticket Prices:

- Adults: \$30
- Children 12 and Under: \$12
- Children 5 and Under: FREE

Tickets are available in advance only:

- After weekend Masses at the church
- Through the Little Flower Office at (306) 522-8583

For more details, please call Gord Mertler at (306) 596-4757.

We encourage all parishioners to support our parish by attending this event. Your participation helps us continue our important work and strengthens our community. We look forward to seeing you there!

Thank you for your support!

Announcement: Trunk Sale Success!



The Trunk Sale Committee is pleased to report that our recent fundraiser has raised just over \$3,100. We deeply appreciate your support and participation. Next, we look forward to our Cash and Quilt Raffle and the Fall Supper. Stay tuned for more details! Thank you again for your generosity.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.

Food Drive



Get ready for our monthly Parish Food Drive, this weekend, **September 7/8**. We'll be collecting a non-perishable food items to support individuals and families in need within our community.

Your contributions of these items will go a long way in providing nutritious meals for those facing food insecurity.

Donut Day



We're excited to announce that Donut Day is back! Join us this Sunday, **September 8th**, right after Mass. We'll be serving delicious donuts and Coffee downstairs—don't miss out.

Sacramental Preparation



Sacramental Preparation Registration is now open! The program will begin on October 27th from 5:00 to 6:00 PM at Little Flower. For more information, **please contact the office at 306-522-8583 or email littleflowerregina@sasktel.net**.

Little Flower Facebook Page



If you haven't already, we invite you to LIKE and FOLLOW our page to ensure you don't miss out on any of the exciting updates. You can search for us as "Little Flower Parish" on Facebook, or simply use the QR code provided below to easily access our page.



TF# 417: Mental Health Ministry with Deacon Eric and Melissa Gurash - Part 1

In this part of one of two episodes in honour of Suicide Prevention and Awareness Day on September 10, Deacon Eric Gurash and their wife Melissa discuss their work in mental health ministry and the ways parishes can get involved. Essential Mental Health Resources:

9-8-8 National 24/7 Suicide Assistance Hotline: 9-8-8 is the new three-digit helpline that provides urgent, live support by phone and text to people in every province and territory across the country.

World Suicide Prevention Day:

<https://suicideprevention.ca/.../world-suicide.../>
Emmaus Support Mental Health Ministries: <https://>

Visitation House Supported Through Queen City Marathon 2024

Fr. John Weckend ran in the first marathon in 2001 and since then has raised over \$200,000 in support of Visitation House, an outreach centre for women in downtown Regina, under the auspices of the Archdiocese of Regina. Again, this year, Fr. John has organized and is running with the "Holy Soles" Team. The five team members chose the Virtual option to run on a day, time, and location that fits their schedules. This needs to be completed between September 8 (Marathon Day) and October 12. Ways you can donate:

Cash or cheque (payable to Visitation House) accepted after weekend Masses by CWL members.

Mail cheques to Visitation House, 900 - 11th Avenue, Regina S4N 0K7.

Interac e-Transfer through Archdiocese of Regina.

For recipient email address, enter visitation-house@archregina.sk.ca In the Message, enter your address and phone number.

Donations of any amount are welcome. Donations of \$10 or more receive a charitable donation receipt from Visitation House.

Pope Francis' Monthly Prayer Intentions - September

For the cry of the earth

That each of us listens with our hearts to the cry of the earth" is the prayer intention for the month of September. Catholics are also asked to pray this month for victims of environmental disasters and the climate crisis popevideo.org

ArchRegina Congress Pilgrims of Hope

Join us for the ArchRegina Congress - Pilgrims of Hope, held this year on September 21, beginning at 10:00 AM at Resurrection Parish in Regina. A key aspect of this gathering will involve an exploration of the future vision of our Catholic churches in Southern Saskatchewan. This Congress is an opportunity to engage in spiritual conversation, reflecting on our shared faith journey and discerning a transformative and hope-filled path forward for our parishes and church, all guided by the Holy Spirit. Your voice is vital as we navigate these times of change and growth. We deeply appreciate your perspective, experiences, hopes, and dreams, which are invaluable to shaping our shared future. Together, we can build a solid and vibrant faith community that continues to serve and inspire for generations to come. The day will begin with an optional Mass at 9:00 AM; lunch will be provided. Registration is now open. Please email mgurash@archregina.sk.ca or call **306-721-6734** to register. The deadline to register is Tuesday, September 17.

Go Make Disciples

Become a leader in your parish and the wider community, by serving the people of God as an evangelizing disciple of Jesus Christ. The Archdiocese of Regina's Lay Formation Program provides you with the skills, tools, and opportunities to deepen your spiritual life and assess your God-given gifts and talents. Join our weekend sessions at Campion College starting this November and become part of a community of leaders serving God's people in a variety of roles. Our three-year program will deepen your understanding of Church and faith through solid teaching by our own diocesan priests and religious as well as lay men and women who are experts in their respective fields of theology, ethics, social justice, and more. For more information on how to register, please contact our Program Coordinator, **Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca.**

Charismatic Prayer Gathering

Resurrection Parish

Upcoming Dates:

September 15, October 20, November 17

7:00 - 9:00 p.m.

Come Alive! You are invited! Come and experience Christ's loving embrace through music, praise, worship, teaching, prayer, and fellowship! Mark your calendars now. Hope to see you there!