

LITTLE FLOWER PARISH

24TH SUNDAY IN ORDINARY TIME
SEPTEMBER 15TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

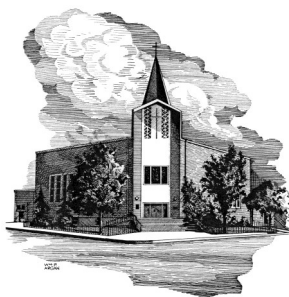
Office Administrator: Valerio Quirino &

Lauana Candido

Caretaker/Maintenance: Rick Morin



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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Theme: Jesus gives us the challenge of his freedom. Our response will be heroic or cowardly. Do we follow his example of loving deeds, or cover our confusion with empty words?



Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

Tues. 17 +Repose of Florence Baker
Wed. 18 Healthy Int. Of Dwaine Wingerter
Thu. 19 Int. for the new school year
Fri. 20 Thanksgiving Mass by Nhi Tran
Sat. 21 Int. Of Don Patrick

Altar server of the week: Barb Aman

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving.

Return to Vibrancy Announcement:



St. Thérèse of Lisieux wrote of her profound love for the priesthood. One of the greatest desires of her soul was to have a brother who was a priest. This was not God’s plan for her family. Instead, the Lord brought two young men who were preparing to become missionary priests into her life. St. Thérèse became a spiritual sister to Abbe Maurice Belliere and Pere Adolph Roulland. Through the deep spiritual bond they shared in Christ, they understood the power of prayer and the offering of penances. St. Thérèse said: “Miss no single opportunity of making some small sacrifice. Do the smallest thing and always do it all for love.”

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bit
September 15, 2024
24th Sunday in Ordinary Time

"Whoever wishes to come after me must deny himself, take up his cross, and follow me." Mark 8:34

Living a stewardship lifestyle means not only being responsible for my own life, but for the lives of others as well. We realize that our gifts are not intended for ourselves, rather they are meant to be shared with others. "Taking up my cross" means doing things when someone else needs me and not when it's convenient for me.

Fall Turkey Supper

Join us for our Fall Turkey Supper on **October 6th at 5:00 PM** in the Little Flower Auditorium at 420 College Avenue!



Ticket Prices:

- Adults: \$30
- Children 12 and Under: \$12
- Children 5 and Under: FREE

Tickets are available in advance only:

- After weekend Masses at the church
- Through the Little Flower Office at (306) 522-8583

For more details, please call Gord Mertler at (306) 596-4757.

We encourage all parishioners to support our parish by attending this event. Your participation helps us continue our important work and strengthens our community. We look forward to seeing you there! Don't wait—tickets sold out early last year.

Thank you for your support!

Census Form



Dear Parishioners,
We would like to inform you that we have recently sent out a letter containing the registration form once more. **We kindly request that you return the form, EVEN IF THERE ARE NO**

CHANGES TO YOUR INFORMATION. This will help us confirm your continued affiliation with our parish and ensure that our records are up to date.

Thank you for your cooperation.

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, Judy Klenk recovering from surgery.



Food Drive - Thank You



Dear Parishioners,

Thank you very much for your generous donations to our recent food drive. Your support has made a difference, helping us provide important food to those in need in our community. We truly appreciate your kindness and the difference you have made. Thank You.

Feast of St. Therese



Join us on October 1st at 4:00 PM to celebrate the Feast of St. Therese, our patron saint.

The evening will include a procession, Mass, and a small reception downstairs afterward. We look forward to sharing this special occasion with you!

Sacramental Preparation



Sacramental Preparation Registration is now open! The program will begin on October 27th from 5:00 to 6:00 PM at Little Flower. For more information, **please contact the office at 306-522-8583 or email littleflowerregina@sasktel.net.**

Little Flower Facebook Page



If you haven't already, we invite you to LIKE and FOLLOW our page to ensure you don't miss out on any of the exciting updates. You can search for us as "Little Flower Parish" on Facebook, or simply use the QR code provided below to easily access our page.



ArchRegina Congress Pilgrims of Hope

Join us for the ArchRegina Congress - Pilgrims of Hope, held this year on September 21, beginning at 10:00 AM at Resurrection Parish in Regina. A key aspect of this gathering will involve an exploration of the future vision of our Catholic churches in Southern Saskatchewan. This Congress is an opportunity to engage in spiritual conversation, reflecting on our shared faith journey and discerning a transformative and hope-filled path forward for our parishes and church, all guided by the Holy Spirit.

Your voice is vital as we navigate these times of change and growth. We deeply appreciate your perspective, experiences, hopes, and dreams, which are invaluable to shaping our shared future. Together, we can build a solid and vibrant faith community that continues to serve and inspire for generations to come.

The day will begin with an optional Mass at 9:00 AM; lunch will be provided. Registration is now open. Please email mgurash@archregina.sk.ca or call 306-721-6734 to register. The deadline to register is Tuesday, September 17.

Go Make Disciples

The Archdiocese of Regina's Lay Formation Program has been providing well-formed, evangelizing disciples for over 35 years. Our alumni serve as leaders in liturgical and catechetical roles, as well as in pastoral and other parish groups, teams, and committees. Join our program and become part of this community of leaders. Our Fall intake starts this November, with weekend sessions held monthly at Campion College. Register now to deepen your understanding of Church and faith and discern how best to offer your God-given gifts and talents in service. For more information on how to register, please contact our Program Coordinator, Deacon Eric Gurash at 306-721-6724 or email him at egurash@archregina.sk.ca.

The Catholic Health Association of Saskatchewan's Annual Convention—inspiring, informative, and supportive of the Church's healing ministry—takes place in Saskatoon at the Cathedral of the Holy Family on Oct. 22-23. The theme is "Awaking Dignity: Healing at the Heart of Care." Don't miss the special evening program open to everyone, "From Death into Life: Finding Reasons for our Hope." Early bird registration up to Oct. 4 at noon.

TF# 418: Mental Health Ministry with Deacon Eric and Melissa Gurash - Part 2

In this part two of two episodes in honour of Suicide Prevention and Awareness Day on September 10, Deacon Eric Gurash and wife Melissa discuss their work in mental health ministry and the ways parishes can get involved.

Essential Mental Health Resources:

9-8-8 National 24/7 Suicide Assistance Hotline: 9-8-8 is the new three-digit helpline that provides urgent, live support by phone and text to people in every province and territory across the country.

World Suicide Prevention Day: <https://suicideprevention.ca/media/world-suicide-prevention-day-banners-toolkit/>

Emmaus Support Mental Health Ministries: <https://emmaussupport.ca/>
<https://thinkingfaith.libsyn.com/mental-health-ministry-with-deacon-eric-and-melissa-gurash-part-2>

The Regina Pro Life Association is pleased to present the pro-life parish study series compiled by the Canadian Centre for Bio-Ethical Reform entitled 'A Christian's Guide to Defending Life in the Womb'.

This excellent series consists of 5 sessions which will be held at St. Martin de Porres parish, 4720 Castle Road, beginning Thursday September 19th. Sessions include a brief spiritual component, a video presentation of about 30 minutes, questions for reflection & discussion and coffee and refreshments.

To register, please contact Jeanine Mann at manne@sasktel.net

This series of videos, featuring some of the brave young voices fighting for our innocent brothers and sisters who are daily killed in the womb, is truly excellent and enlightening. In this time of increased violence throughout the world, we should remember the wise words of Mother Theresa; "The greatest destroyer of peace is abortion", and do whatever we can to end abortion. This series will help equip you for this mission.

Although there is no registration fee required, registration is necessary to have the participant's booklets available.

NOTE: This program is not suitable for children under 13 years of age.