LITTLE FLOWER PARISH

7th Sunday in Ordinary Time February 23, 2020

Little Flower Sunday Masses

Saturdays, 5:00 p.m.
Sundays, 10:00 a.m.
Reconciliation prior to all Masses OR by appointment

Weekday Masses Tuesday 5:00 pm

Wednesday to Friday 8:00 am

College Park I Retirement Residence Liturgy 1st & 3rd Thursday 10:30 am

College Park II Retirement Residence Liturgy 2nd & 4th Friday of the month 10:00 am

Little Flower Office Hours

Monday to Friday 8:30 am—12:00 noon 1:00—3:30 pm

Parish Staff Team

Parish Administrator: Rev. Jake Ibay littleflowerregina@sasktel.net Office Administrator: Gádia Braga gadia.littleflower@sasktel.net Pastoral Assistant: Bonnie Thiele Hunt bonnie.littleflower@sasktel.net Caretaker / Maintenance: Rick Morin





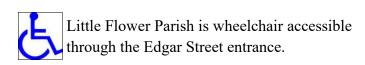
"I have never given the good God naught but love, and it is with love that He will repay."

~ St. Thèrese of Lisieux

420 College Avenue Regina, Saskatchewan S4N 0X2 Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

7th Sunday in Ordinary Time February 23, 2020

Theme: Love your enemies and pray for those who persecute you.

This Week in the Parish . . .

Daily Mass intentions as listed below:

Tues., February 25 5:00 pm No Mass intention Wed., February 26 7:00 pm Ash Wednesday No Mass intention Thurs., February 27 8:00 am Fri., February 28 8:00 am +Repose of Sr. Sabina Koronkiewicz Sat., February 29 5:00 pm +Repose of Leo & Doreen Klein

Weekday Lector/Altar Server: Barb Aman

A complete list of daily Mass intentions (February) may be found on the bulletin boards and the parish website.



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you with to have the Mass offered on a specific date, please make arrangements at least one month in advance.

Financial Update



			OVCI	
	Collection	Target	(short)	Over (short)
	Feb 16	Feb 16	from target	from target
Envelopes/Donations—114	\$ 2,911			
Non-envelope collection	\$ 363			
Total collection	\$ 3,274	\$ 4,445	(\$ 1,171)	(\$ 5,506)

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those in nursing homes and those who care for them, especially: Judy Klenk, Florence Thoughts Barrow, Germain Beaurivage, Jack Gebert, Dean Hutchence, Mary Kish, Don Morrell, Claudia Sali,



Jan 1-Feb 16

Kathleen Wingerter, Martha Hanoski, Louise Wingerter and Ron Strassburger. Please also, keep in your prayers all who are grieving the death of a loved one.

In your prayers, please remember the repose of Bruno Tommasini and Bernadette Daschle.

2019 Income Tax Receipts

""But I say to you, love your enemies and pray for

those who persecute you..." (Matthew 5:44)

Love your enemies, easier said than done, no doubt.

But, remember, the foundation of stewardship is prayer.

When we are in close communication with God, it opens

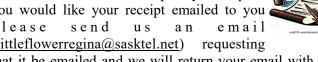
our heart and it turns our attention away from "me" and

moves it towards God and others. It allows us to have a

little more empathy for "our enemy." When we pray for

others, even "our enemies," maybe it softens their hearts

2019 income tax receipts are available at the back of the church. Please pick yours up. If you would like your receipt emailed to you s e n d please u s e mail a n (littleflowerregina@sasktel.net) requesting



that it be emailed and we will return your email with the receipt attached.

Also, please note that if you donated to the Archbishop's Appeal by cash or cheque, to the parish, that amount will be included in the income tax receipt you receive from Little Flower. If you donated to the Appeal by credit card or auto debit a separate income tax receipt will be issued by the Archdiocese and mailed directly to you.

Lenten Prayer Lunches



as well.

Our Lady of Peace Parish, 425 Broad St. N., will be hosting Lenten Prayer Lunches during Lent on Fridays at 12:15 p.m. starting February 28. Come and join in a short prayer service followed by a soup lunch.

Nomination Forms

Forms on which to nominate parishioners for positions on the Pastoral Council and Finance Committee are avail-

able at the back of the church. There are 12 vacant positions this year so we would ask that you nominate a parishioner that you think would be a good fit for one of these vacant positions. Please pick up a nomination form, write in your nominations, and return the form in the boxes provided.

CWL Rice Offering for Peace and Development.



The CWL is looking for volunteers to help with our 2020 Rice Offering for Peace and Development. We need 3 people in total to cover the front, Edgar Street, and College entrances after Saturday and Sunday Mass for 3 weeks. Volunteers would receive

Feb 16

Over

communion and then go to their designated entrance until the recessional and congregation depart. After the collection, volunteers would then meet to return the rice and the money donated to the pamphlet room where it will be collected and counted for each day. For more information or if you can help out please call Judy at 306-789-6980. CWL members: Membership fees are due by February 24th in the amount of \$30 and envelopes can be placed in collection plate during Saturday or Sunday Mass or in Tracy Desrosiers' mailbox in the pamphlet room.

Little Voices Choir

Our Little Voices Choir is looking for new kids to join the group! If your kid love to sing, please send us an email: mcurie sanchez@yahoo.com.

Vocation View

"Have you tried what Jesus directs us to do? Love of enemy, no payback, and going beyond what is asked are difficult to observe in our world. Be attentive to theses commands and ask for the grace to live them."

(Matthew 5:38-48)

Lenten Corner

- Lent begins with Ash Wednesday, February 26. Masses are at 9:45 am (St. Augustine School) & 7:00 pm.
- Lent schedule with service dates/times available on the bulletin boards.
- Parish Reconciliation Service Tuesday, March 31st at 6
- **Lenten Reflections e-resources**

Bishop Robert Barron from Word on Fire www.lentreflections.com

-Dynamic Catholic – Best Lent Ever

Video based reflections from Matthew Kelly www.dynamiccatholic.com

-Lovola Press (Ignatian)

Living Lent Daily – based on the daily readings

www.loyolapress.com

-Praying Lent Online Ministry

from Creighton University

Daily reflections as well as audio retreats and videos www.onlineministries.creighton.edu



Ash Wednesday is not a Holy Day of Obligation(meaning, we don't commit a sin if we don't attend Mass). But it is a time for fasting PASTOR (meaning we only have to eat one full meal) and abstinence (meaning, we must abstain to

having meat).

There are only two days set by the church for fasting & abstinence. Ash Wednesday and Good Friday. During these two days, fasting and Abstinence are obligatory. On all Fridays of Lent, we are being encouraged to abstain from eating meat, but we can replace abstinence by any other form of sacrifice or Acts of Piety.

The requirement to fast prescribes that only one full meal a day be taken. Two lighter meals are permitted to maintain strength according to each one's needs. Eating between meals is not permitted, but liquids, including milk and fruit juices are allowed. The requirement of abstinence forbids the eating of meat, but eggs, milk products and condiments made from meat can be eaten. Fish and all cold blooded animals may be eaten (Paul VI, Apostolic Constitution Paenitemini, Feb 17, 1996, AAS 58 (1996), n.III; CLD 6:676-78).

AGES FOR FAST & ABSTENANCE

Those bound to abstain are those who have completed their fourteenth (14th) year and older. The requirement of fasting binds all from the age of majority up to the beginning of their sixtieth (60th) year, that is between the ages of 18 and 59 inclusive. Pastors and parents should see to it that even those who, due to their young age, are not bound to the law of fast or abstinence are nevertheless educated in a genuine sense of penance. (Huels, The Pastoral Companion, p334ff; The Church's Code of Canon Law, 1252)

Taizé Prayer Around the Cross

Taizé Prayer around the Cross is a candlelit prayer service where we meet God in song, the Word, and silent wonder. We meet each Thursday during Lent at 7:00 p.m., Blessed Sacrament Church, 2049 Scarth Street, Regina.

TF179: Believing to Understand - Faith and Reason Part 2

Picking up where we left off in this episode two of three, we'll be touching on a Catholic approach to natural faith, faith in authority, how reason works with faith and the relationship between skepticism and faith. Believing to understand, this week on Thinking Faith!

http://thinkingfaith.libsyn.com/believing-to-understand-faithand-reason-part-2

Knights Rock V - Annual Campion College K. of C. **Fundraiser**

Knights Rock V, the annual fundraiser held by the Campion College Knights of Columbus Council, is set for Saturday, March 7, 2020. Multipurpose Room, U of R campus. Doors open: 7:00 p.m. Live Music: 7:30 p.m. Live music by Sed Contra and special guests. Tickets (only \$10!) available at Campion College, the Archdiocese of Regina, from any member of the Campion Knights of Columbus or Brad Lulik at 306-520-8584. Come out to support our college council and have a great time!

Friends & Faith Open House



You are invited to attend an Open House at the Regina Islamic Centre and Mosque at 3273 Montague St. (at Argyle) on Friday, February 28 at 7pm. Come for a tour, food, and friendly faces. Imam Mohamed will greet guests and answer questions. You are invited to observe the evening prayer at 8:00 p.m. Etiquette: modesty of dress.

Please consider bringing a scarf. This visit is part of the Muslim-Christian dialogue sponsored by the Islamic Association of Saskatchewan (Regina) and the Archdiocese of Regina. A further visitation project to other places of worship is planned by the Regina Multifaith Forum. Watch for further advertising. Contact Nick Jesson: njesson@archregina.sk.ca or 306-352-1651.

Women's Silent Retreat

Ignatian Spiritual Exercises with Fr. Kenneth LeBlanc, LC. March 20 – 22, 2020. Queen's House—601 Taylor St W, Saskatoon. Cost: \$325 Early bird: \$300 Students: \$200. For more information contact Kristen Joubert 306-789-1910(H) or 306-527-1069(C). Registration Deadline is March 13 and early bird ends February 28.



My Gen Youth Rally - 'Into the Deep'

Attention all students in grades 8 -12! You are invited to be a part of something special; something bigger than any one person. You are invited to be a part of the My Generation Youth Rally (My Gen). Join us March 28-29 at Archbishop M.C. O'Neill Catholic High School in Regina as hundreds of young people from across Southern Saskatchewan gather to celebrate their Catholic faith and to grow in community with one another! Come enjoy music, art, service projects, games, sports and "escape rooms" as well as prayer, new friendships and opportunities to learn about God and faith. For more info or to register, please see www.mygenrally.ca.