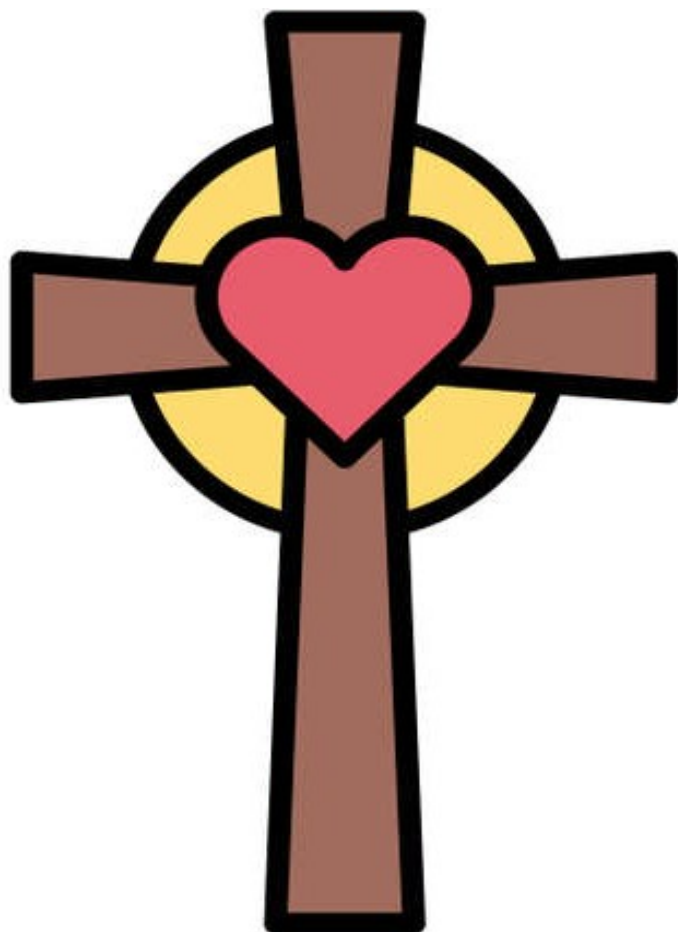


LITTLE FLOWER PARISH

**7TH SUNDAY IN ORDINARY TIME
FEBRUARY 23, 2025**



Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 am to 1 pm

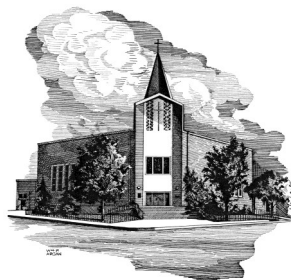
Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lilian Marouelli

Caretaker/Maintenance: Rick Morin

MISSION STATEMENT: *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is wheelchair accessible through the Edgar Street entrance



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

7TH SUNDAY IN ORDINARY TIME

FEBRUARY 23, 2025

Theme: A son has the nature of his father, and we are sons of the Most High; so we must have the loving, compassionate nature of God and be this way to everyone, not just to those people who are good to us.



Mass Intentions

Tuesday	4:00 pm	Int. of Father Jose
Wednesday	8:00 am	No Mass Intention
Thursday	9:45 am	No Mass Intention
Friday	8:00 am	+Repose of Clair Wingerter
Saturday	5:00 pm	+Repose of Vernita Daniels

Altar Server: Gabe Seiferling

To request a Mass Intention, please contact the Parish Office. The 2025 agenda is open.

St. Thérèse



When St. Therese was fifteen, she asked the Pope for permission to enter the Carmelite order, even though she was too young. When she began her postulancy she took the name "Sr. Therese of the Child Jesus and the Holy Face." She dedicated her life to simple acts, for she believed that it was the small daily tasks that made one holy. This became known as St. Therese's "Little Way". It is the way we are called to do ordinary things with extraordinary love.

St. Thérèse said: "Love proves itself by deeds, so how am I to show my love?"

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits
February 23, 2025
7th Sunday of Ordinary Time

"But rather, love your enemies and do good to them, and lend without expecting anything back..." - Luke 6:35

Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person. Praying for our enemies doesn't change them; it changes us. Mercy and compassion will keep us on the path to holiness.

Readings for the 7th Sunday in Ordinary Time

First Reading – [1 Samuel 26:2, 7-9, 12-13, 22-23](#): David, finding Saul asleep, refuses to harm him, saying it's wrong to strike the LORD's anointed. He takes Saul's spear and jug, proving his mercy and faithfulness from afar.

Responsorial Psalm – [Psalm 103](#): I praise the Lord and remember His kindness: forgiving sins, healing ailments, and saving from despair, showing endless mercy and love, far surpassing our shortcomings.

Second Reading – [1 Corinthians 15:45-49](#): The first Adam was earthly, the last Adam (Christ) a life-giving spirit. We, once earthly, will transform to bear the likeness of the heavenly man.

Gospel – [Luke 6:27-38](#): Jesus taught his disciples to love their enemies, do good to those who hate them, and bless those who curse them. He emphasized non-retaliation, treating others as you wish to be treated, and loving unconditionally like God. He urged forgiveness and generosity, promising reciprocal blessings.

International Dinner Tickets Available



The International Dinner is coming on March 8th, and tickets are selling fast! Be sure to guarantee yours before they're gone. Tickets are available for purchase after weekend Masses and during the week at the Parish office (306-522-8583).

Ticket prices:

- \$30 for adults
- \$12 for youth (7-12 years)
- Free for children 6 and under

Don't miss out on this exciting event—get your tickets!

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for the repose of the souls of Tim Wingerter and Hartley O'Connor. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, and Judy Klenk.

**Prairie Heart District Girl Guides
Tea, Craft, Book, and Home Baking Sale**



Join us on **Saturday, March 1st, 2025**, from

1:00 pm to 4:00 pm at **Little Flower Parish Hall**, 420 College Ave (use the Edgar St entrance). Enjoy a delightful afternoon with tea, sandwiches, and strawberry shortcake! Tickets are **\$5.00** and include your tea and treats.

Tickets are available at the door or from any member of the Prairie Heart District.

Don't miss out on this wonderful event supporting Sparks, Brownies, Guides, Pathfinders, and Rangers. See you there!

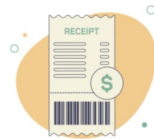
Donut Days Update



We're excited to share that **Donut Days** have been a huge success, with attendance tripling this past year! A big thank you to everyone who has supported this wonderful community event!

Our next **Donut Day** will be **this Sunday, March 2nd, after Mass**. Don't miss out—come enjoy some delicious donuts and great fellowship!

2024 Income Tax Receipts



2024 income tax receipts are available at the back of the church. Please pick yours up. If you would prefer to have your receipt emailed to you, please send us an email at littleflowerregina@sasktel.net requesting that it be emailed, and we will respond with the receipt attached.

Please note: If you donated to the Archbishop's Appeal by cash or check to the parish, that amount will be included in the income tax receipt you receive from Little Flower. If you donated to the Appeal by credit card or auto debit, a separate income tax receipt will be issued by the Archdiocese and mailed directly to you.

TF #439: Brett Salkeld and Thomas Harmon on Ordo Amoris – Part One

In this multi-part series, Dr. Brett Salkeld sits down with Thomas P. Harmon, Scanlan Foundation Chair and Professor of Theology, to explore how Thomas Aquinas' Ordo Amoris—the order of love—can help us understand the moral dimensions of immigration policy. As the new U.S. administration introduces sweeping changes in outreach and border policies, this conversation examines how properly ordered love informs our responsibilities toward the stranger, the vulnerable, and the political community as a whole. thinkingfaith.libsyn.com/brett-salkeld-andthomas-harmon-on-or-do-amoris-part-1

MyGen Youth Rally

Young people in grades 9 -12 (mature grade 8's also welcome) from around the Archdiocese are invited to come together for a celebration of community and faith at this year's "My Gen" Youth Rally. This one-day event is free of charge and happens on Saturday March 29th at Archbishop M.C. O'Neill High School in Regina. It starts at 9:00 am and ends at 11:00 pm. It will be a day of music, talks, games, prayer, service projects, sacraments and community. Further info and registration link can be found at: mygenrally.ca Spots ARE limited!

Archdiocese of Regina RENEW Lent

RENEW your Lent with weekly reflections, music, prayer resources, and other Lenten activities to enhance your Lenten journey, from Ash Wednesday to Holy Week. Sign up at archregina.sk.ca/news or email communications@archregina.sk.ca.

Pope Francis' Prayer Intention February for Vocations to the Priesthood and Religious Life

Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life thepopevideo.org/

Praying for the Health and Recovery of Pope Francis

Wednesday, February 19, 2025

As President of the Canadian Conference of Catholic Bishops (CCCB), I join my brother Bishops in assuring the faithful of Canada that we are united in prayer for the full recovery of the Holy Father, Pope Francis. As he continues to lead the Church with courage and generosity, let us lift him up in our prayers.

I invite all individuals, families, parishes, and Catholic movements in Canada to join their local Bishops in offering prayers and intentions for Pope Francis' health and strength.

May the Lord, through Our Lady's powerful intercession, grant Pope Francis renewed health and energy as he serves the Church as the Successor of Peter and the Vicar of Christ on earth.

I kindly ask our parishioners to join me in prayer for our Holy Father, Pope Francis, as he faces health challenges. May the Lord grant him strength, healing, and the comfort of our prayers.

Message from the Most Rev. William T. McGrattan, Bishop of Calgary and CCCB President

Prayer for the Holy Father

Almighty ever-living God, eternal health of believers,
Who willed that our infirmities
Be borne by your Only-Begotten Son for our salvation,
Listen in kindness to our prayers
For your servant Francis, our Pope and Shepherd:
Grant him, we implore you, your merciful help,
So that he may be restored to your Church in good health,
Ever ready to serve the flock you have entrusted to his care.
Through our Lord Jesus Christ, your Son,
Who lives and reigns with you
In the unity of the Holy Spirit,
God, for ever and ever. Amen.

Let us pray together for Pope Francis and for the healing grace of our Lord. May God bless you all!

✠ J. Michael Miller, CSB