

LITTLE FLOWER PARISH

**ASCENSION OF THE LORD
MAY 21, 2023**

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday & Friday 8 a.m.

Thursday, May 25th at 9:30 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

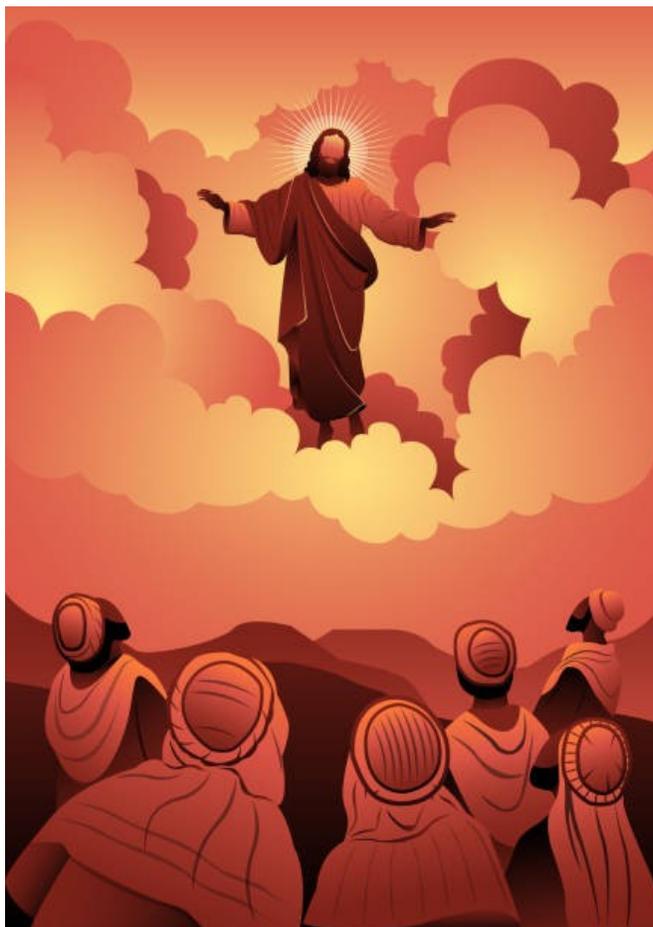
Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lauana Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.

420 College Avenue
Regina, Saskatchewan
S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net

www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

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ASCENSION OF THE LORD

MAY 21, 2023

Theme: Christ is exalted at the Father's right hand. His physical absence makes possible a new form of presence. We are witness to that presence. The Lord be with You.



This Week in the Parish . . .

Contact the office to request a Mass for your loved ones.
The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., May 23	+ Repose Bertha Hager
Wed., May 24	No mass Intentions
Thu, May 25 (9:30am)	No mass Intentions
Fri., May 26	No mass Intentions
Sat., May 27	+ Repose of Katheleen Wingarter

Altar Server Of the week: Barb Aman

Parish Council Meeting - May 25th at 7pm

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic

Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:

As a Doctor of the Church, St. Therese taught us so much about prayer. In her "Little Way" she taught us that God never lets us down nor abandons us. Through St. Therese's intercession, let us continue to pray for many willing hands working together for the future of Little Flower Parish.

St. Therese said: "I want to do much good."

Korean Mass



The Korean Mass will be celebrated this Sunday, May 21st at 11am.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.



"I am praying for them..."

John 17:9

Prayer is the foundation of our Faith and the foundation of Stewardship. Prayer is always the first best option in any situation - not just our last resort. Pray for friends and family, and especially for those that don't treat you very well. Pray to give praise, to thank, and to ask God for help. Pray to see what God wants you to do with the gifts He has given you. Teach others how to pray. It has been said that teaching someone how to pray is the best gift you can give someone.

What's Stewardship



Stewardship is about using the resources God has entrusted to us to accomplish the purpose He has for them. Everything we have (from possessions to abilities) is a gift from God intended to serve a significant purpose.

As we view the totality of our existence with a God-centered focus, we will discover that God desires to use our lives for His glory in more ways than we can imagine. How can you be a good steward of what God has given to you? May we be dedicated to using both our lives and our possessions for His glory!

Office Closed



The parish office will be closed on Monday, May 21 for the Victoria Day holiday. In case of an emergency messages may be left on our voice mail.

Food Drive



Thank you to all who contributed to our monthly Food Drive last weekend. With your donations, you are "feeding the hungry."



ititwewin Corner (*itwewin* is the Cree word which means 'the word' or 'as it is said...')

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Pasqua First Nation is a Cree, Saulteaux, and Nakota/Dakota band located northeast of Regina and west of Fort Qu'Appelle with a population of approximately 2,000 members on and off reserve (69% live off the reserve). Chief Joseph Paskwa signed Treaty 4 on September 15, 1874. The establishment of the https://www.pasquafn.ca/fileadmin/user_upload/REL_Brochure.pdf a licensed care home providing professional services to seniors (assisted and palliative care), has created a unique environment for seniors to visit with family and friends.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beaurivage, Ann Dormuth, Jose

Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

"Jesus summons us to spread the faith through the grace of baptism. Where are you being called to share your gifts?"

(Matthew 28:16-20)

Ascension of the Lord

"No one has ascended into heaven but he who descended from heaven, the Son of man" (Jn 3:13). Our Lord ascends to heaven to prepare a place for us, His disciples. At the Ascension the Church learns the true meaning of her identity and we learn the full implications of Christian discipleship. The Ascension marks a point of transition; for what was called discipleship before Easter, is now more completely understood as mission. As we heard in the Gospel, "Jesus appeared to the eleven, and he said to them, 'Go into all the world and proclaim the good news to the whole creation'" (Mk 16:15). Discipleship entails a participation in our Lord's mission of salvation. Mission for the service of the world is the fulfilled discipleship of our Lord Himself for He was sent by the Father. "For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent his Son into the world, not to condemn the world, but that the world might be saved through him" (Jn 3:16-17).



CONGRATULATIONS to the following candidates who were confirmed at Little Flower on Wednesday, May 10th, 2023 by Rev. Joaquin Ibay

Nathan Bautista

Brooklin Cardinal

Jovela Lonzaga

Isla Mehlsen

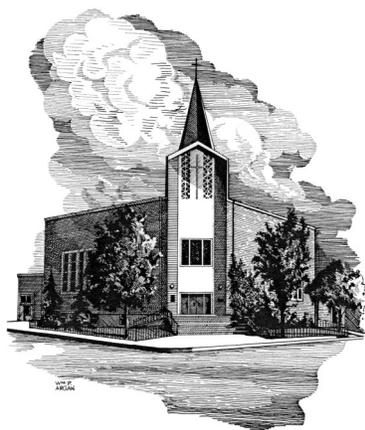
Leonard Mislant

Dheijah Morales

Ashlyn Singh

Ricky Jr. Tiongco

Meagan Pearl Tirano



Congratulations on your Confirmation!
May your faith continue to flourish, and
may your journey as a confirmed member
of the Catholic Church be filled with
abundant blessings, peace, and joy.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Complex Trauma

The term complex trauma describes both children's exposure to multiple types of pervasive and chronic traumatic events that involve violence, betrayal, exploitation, and loss, such as maltreatment and living in an unsafe family, community, or school settings, as well as the wide-ranging, long-term impact of this exposure. Complex trauma can disrupt the child's secure bonding with caregiver(s), as well as the development and formation of crucial competencies, positive relationships, and a clear sense of self.

Trauma Informed Perspectives Workshop - Qu'Appelle Deanery

Are you interested in learning about trauma and how it impacts people? Trauma comes in many forms, and we will look at natural disasters, accidents, and sudden death and touch on other areas. The Archdiocese and Qu'Appelle deanery welcome everyone to join us for a free Trauma-Informed Perspective workshop on **Saturday, May 27th, from 9:30 - 4:30** at Our Lady of Sorrows Church, 334 Boundary Ave Fort Qu'Appelle. To register, email: csaeducation@archregina.sk.ca.

Trauma informed Perspectives Workshop – Estevan Deanery

The Archdiocese of Regina and the Estevan Deanery are pleased to present a free Trauma Informed Perspectives workshop. Are you interested in learning about trauma and how it impacts people? The impact of natural disasters, accidents, sudden death and other traumas will be explored. Please join us on **June 3rd from 9:00- 4:00 p.m.** at St. Joseph's 204 Peters Ave, Oxbow, to register or if you have questions, contact: csaeducation@archregina.sk.ca

Camp O'Neill Altar Servers Camp

Camp O'Neill, Round Lake will be hosting a camp for Altar Servers from **Friday June 30 to Sunday July 2, 2023**. Cost is \$75. Regular camp for youth will run from **July 2 to July 10**, cost is \$200 or you can apply for sponsorship. We also invite those with special needs to a free one day camp on Sunday July 9, 1 – 5 pm and families for a free morning camp on Monday July 10, 9 am – Noon. If you would like more information or if you would like to sponsor a youth please email Doris at camponeill2020@gmail.com or check our website at www.camponeill.ca

TF349: Dan Shervan and Brett Salkeld on Original Sin - Part 1

This week Dr. Bret Salkeld sits down with author and poet Dan Shervan in this part one of two, to discuss the differences between Roman and Orthodox Catholic approaches to the problem of sin.

Show Snippet: "You can actually be like, "You know, Western Christians can learn from Eastern Christians that, this way of talking is a good counterbalance to this other way of talking that has these potential misunderstandings associated and vice versa." Right? And so people who are really good at that kind of dialogue actually generally end up with a really deep and rich kind of theology."

<https://thinkingfaith.libsyn.com/dan-shervan-and-brett-salkeld-on-original-sin-part-1>

LESSON TWENTY-THREE

Is there a contradiction between Creation & Evolution?

Videos: archregina.sk.ca/group/catechetical-support-parishes/

Catechism Text: CCC # 159 & 390.

Sacred Scripture: To assist in reading Genesis, refer to CCC # 390.

Pope Pius XII: Of the Human Race, *Humani Generis* (1950): the Church does not ban the theory of evolution when it's understood that all things are created by God and the human soul is directly created by God.

St. Augustine: Wherever truth is found, it belongs to God.

FAQ: Is the *Catechism* an example of the collegiality of the bishops?

Yes. The collegiality of the Bishops that's presided over by the Bishop of Rome was a truth professed by Vatican II. The Synod of Bishops has been a type of episcopal collegiality since the Council. In an address, on April 30, 1983, Pope John Paul II refers to the Synod as an expression and effective tool of episcopal collegiality ..." The *Catechism* is a direct result of collegiality through the Synod of Bishops.