

LITTLE FLOWER PARISH

**FIFTH SUNDAY OF EASTER
MAY 2ND, 2021**

Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice.

Temporary Masses Hours, up to 30 people only, by appointment:

Little Flower Sunday Masses

Saturdays, 5:00 p.m. & 6:00 p.m.

Sundays, 10:00 a.m.

Weekday Masses

Tuesday 4:00 p.m.

Wednesday to Friday 8:00 a.m.

Little Flower Office Hours

Temporary Hours: Tuesdays and Thursdays

10:00 a.m.—4:00 p.m.

Parish Staff Team

Parish Administrator: Rev. Jake Ibay

littleflowerregina@sasktel.net

Office Administrator: Valerio Quirino

littleflowerregina@sasktel.net

Pastoral Assistant: Bonnie Thiele Hunt

bonnie.littleflower@sasktel.net

Caretaker / Maintenance: Rick Morin



420 College Avenue

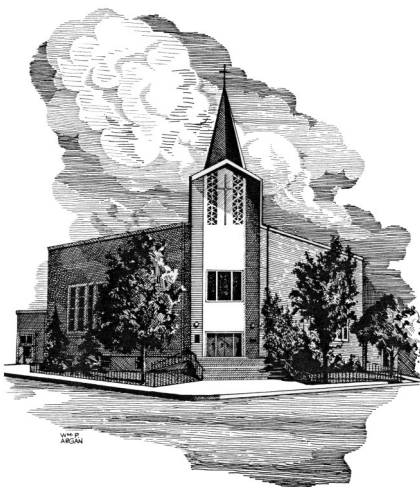
Regina, Saskatchewan

S4N 0X2

Phone (306) 522-8583

E-mail: littleflowerregina@sasktel.net

Website: www.littleflowerregina.ca



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.

FIFTH SUNDAY OF EASTER MAY 2ND, 2021

Theme: Through this month of May, we continue to celebrate the Lord's resurrection and its effects in our lives. The risen Lord gathers us as his disciples and friends. He strengthens us with his love and sends us out with the good news. We will bear fruit through unity with him.

This Week in the Parish . . .

Daily Mass intentions as listed below:

Tuesday, May 4th	No Mass
Wednesday, May 5th	No Mass
Thursday, May 6th	No Mass
Friday, May 7th	No Mass
Saturday, May 8th	+Repose of Kathleen Wingerter (5:00 pm) Intentions of Ann Dormuth (6:00 pm)

Weekday Lector/Altar Server: Gabe Seiferling



Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick.

If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.

Also, please let your parish know if you are entering the hospital.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office.

If you wish to have the Mass offered on a specific date, please make arrangements at least one month in advance.

Mass Schedule - NO MASS



Little Flower Parish won't be having masses from Tuesday, May 4th to Friday, May 7th. Father Jake will be attending a Clergy Retreat during this period.

We pray that this retreat will refresh all the clergy in mind, body and spirit for their work as our shepherds.

Food Drive



Our monthly Food Drive will take place May 8 & 9. All contributions are welcome.

Thank you for sharing your treasure with those around you.

Please be mindful that we do not accept packaging that has been opened, items that are partially used or those beyond their expiry date.

Vocation View

"Jesus said to her, 'I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?'"

John 11:25-26

A Spiritual Act of Communion for those Self Isolating

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.



"Children, let us love not in word or speech but in deed and truth." - 1 John 3:18



Regarding our Catholic faith, do you "walk the talk?" Do your actions reflect what it means to be a good disciple? Are you an active participant at Sunday Mass? Are you joyful when participating in parish ministry? Do you give gratefully and generously with your financial support to your parish and other Church needs? If not, it's not too late to start!



Juliano & Generose Cabanda—May 1—20 years

Art & Audrey Hector—May 3—63 years

Richest blessings to you. You are a particular witness of God's love and fidelity amongst us!

If you are a new parishioner or would like to have your anniversary here please contact the office administrator.

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing



homes and those who care for them, especially: Jose Estioco, Florence Barrow, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, and Louise Wingerter.

COVID-19 Update

We are open for Masses for a maximum of 30 people. If you would like to come for Mass, please call or email the parish Office Administrator (contact on the first page) before Thursdays. You don't need to book for weekdays Masses.

During this difficult time, your parish needs you!

Covid19 has limited how we are able to gather. However, our parishes have regular and ongoing expenses. Although you may not be attending Mass, these expenses still remain. During this time, it's prudent to consider how you might support your parish. Your cheque can be mailed to Little Flower Parish or left in the parish office mail box (no cash please). **OR** Your donation can be made to your parish through the Archdiocese of Regina by:

- Pre-authorized direct debit
- E-Transfer
- Offline by cheque
- By phone
- Credit card

Visit our Giving Page at <https://archregina.sk.ca/giving> for more information on how you can support your parish. **THANK YOU** to those who continue to support the parish through their weekly collection envelopes.

Signs of Life in the Local Church: May 2021 Webinar Series

Join in this series to explore signs that new missional perspectives are bringing life to local congregations.

- Each Thursday in May, starting May 6 at 3:00 PM (Saskatchewan) on Zoom. Free registration: <https://us02web.zoom.us/j/84451223456>

For further information, contact Archdeacon Cheryl Toth at stewardship@sasktel.net

May 6: Unmasking the Post-Covid Church - With Rev. Dr. Ross Lockhart (Dean of St. Andrew's Hall at UBC, Professor of Mission Studies at Vancouver School of Theology). Churches have been through a prolonged period of adaptive leadership challenges over the last year with Covid-19. What has God taught us through this experience about what it means to be church? How will this experience shape and change the nature of our witness and shared life together in a post-pandemic world?

May 13: Fabulously Flourishing in the Local Church - With Canon Dr. Neil Mancor (Congregational Development Coordinator, Anglican Diocese of Montréal). Before we start talking about money, we need to get the conditions right. In the same way that we prepare the ground for planting our gardens, we need to do the same in our churches. Research has consistently flagged two key characteristics of flourishing congregations: a lively spirituality and an outward focus on the community. In this seminar, we will explore these two characteristics and how they impact generosity in the local Church.

May 20: Blessed to be a Blessing ... The Stewardship of Opportunity - B.L.E.S.S. model that will offer practical steps to engage you in reaching out to those around you. A book summary will be supplied. Participants will be exposed to a free resource in which they will determine their S.H.A.P.E. (S – spiritual gifts / H – heart-passion / A – abilities / P – personality style / E – experience). **May 27: To The Regions Beyond: Spiritual Care in Under-served Areas** - With Rev. Dr. Robin Haensel (Director of Church Development, Canadian Midwest District, Christian & Missionary Alliance Church) Dr. Haensel will introduce his recent D.Min. project (Lutheran Theological Seminary, Saskatoon) helping him fulfill God's calling to equip the church to serve those often ignored because of the logistical challenges of shrinking rural populations. His greatest desire is that the church would be able to fulfill her calling to the world, but especially to those communities that face the challenge of diminishing resources.

This series is planned in the spirit of the LAURC Covenant by the Ecumenical Stewardship Committee of the Anglican Diocese of Qu'Appelle, the Saskatchewan Synod of the ELCIC, and the Roman Catholic Archdiocese of Regina.

TF242: The Language of Pain: The Psalms and Mental Health

Deacon Eric Gurash discusses the healing grace in speaking our pain out loud and the role the Psalms can play in helping us to do this.

Show Snippet: "God understands what the UCLA study and others like it indicate; speaking our feelings of abandonment, powerlessness, fear, and even anger out loud can be the exact antidote we need."

<https://thinkingfaith.libsyn.com/the-language-of-pain-the-psalms-and-mental-health>

Life is a Gift Webinar

The Reverence for Life Commission is hosting a panel discussion entitled "Life is a Gift" on Wed, May 19th, at 7:00 CST. Our speakers include Mary Deutscher-Heilman from the Catholic Health Association of Saskatchewan (CHAS); Sister Avelina Joseph, Sisters of Life; Jose Argerami, Jenna Daly, and Sharon Martorana from Birthright; and Scott Hayward from Right Now. Our presenters will seek to reaffirm the value of human life, its sacredness and call us to respect, protect, heal, love, and serve every human life (c.f. EV. 5). There will be an opportunity for questions from the audience.

For more information or to register, please email mgu-rash@archregina.sk.ca

REVERENCE FOR LIFE EVENTS:

May 5th: Watch Archbishop Don's weekly message, and share with others!

May 7th: Pray the Rosary with Archbishop Don and members of the Archdiocese, then stay for Adoration, Livestreamed on Facebook

May 19th: Join us for our Webinar: Life is a Gift! To register email mgu-rash@archregina.sk.ca

June 6th: Mass of Remembrance for those who have lost a child, 2:00pm Livestreamed on the Archdiocesan YouTube Channel

Daily: Please pray the Reverence for Life Prayer.

Prayer cards can be downloaded on our website: <https://archregina.sk.ca/reverence-life>

Reverence for Life Prayer:

O Mary, to you do we entrust the cause of life.

Look down O Mother upon the vast number of babies not allowed to be born, on the poor whose lives are made difficult.

On those who are victims of brutal violence, on the elderly and sick killed by indifference or misguided mercy.

We ask for the grace to accept Gospel of Life as a gift ever new, and the courage to bear witness to it.

To the praise and glory of God,

the Creator and lover of life.

Amen!

Support for a Refugee Group in Regina

Please join us in a difficult task because of the pandemic – fundraising so that we can bring a young husband and wife and their little boy, 3, and little girl, 2, to Regina. The young woman has UNHCR refugee status. The little girl has a health issue. Her needs are not being met because she is part of a refugee family living in exile. This young family fled their home and are now staying in a neighbouring country, where life is very difficult. They do not belong in exile. If you would be willing to support us in raising the funds needed to sponsor them to Canada, we would be most appreciative. Her parents here tell us that they have experienced many kindnesses from Canadians and thank you very kindly in advance for your support.

Our first effort is: SARCAN Drop and Go

If you wish to donate your recyclables to our effort, you can drop off your bag of bottles, cans, cartons, etc., at any depot in Saskatchewan. Go to the 'Drop and Go' kiosk, type in Kind Welcome, take the label and stick one on each bag. Funds will be placed in an account opened for the purpose of this sponsorship. All proceeds will be toward the sponsorship of this family. PLEASE REMEMBER: TAKE OFF BOTTLE CAPS!

If you live in Regina and area, we are most willing to arrange for a monthly pick up. We will deliver your containers to SARCAN. To do this, call or text Bernadette on her mobile at (306) 537-4158.

The Archdiocese of Regina Lay Formation Program

Forming Catholic leaders for service and evangelization. "Learning about apologetics has been a highlight for me because it involves the defense of the faith. When it is done in a kind and gentle way, conversations with all sorts of people open up." - Dean Vey, Resurrection Parish, Regina.

One weekend a month from October to June, Catholics just like you are gathering in Regina to receive the tools and the guidance they need to speak confidently about the church, their faith, and Jesus Christ in their homes, parishes and the world. Why not make their story, your story? We are currently accepting applications for our Fall intake. For more information on how to register or our COVID-19 health and safety protocols, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email him at egurash@archregina.sk.ca

Our Whole Society 2021 On May 4, 2021

The Canadian Interfaith Conversation is sponsoring an online version of "Our Whole Society," the fifth iteration of a conference that aims to foster a new dialogue about the changing role of religion in Canadian society. Free to Believe, Responsible to Act. This online event will be fully bilingual, with simultaneous translation in English and French. More information: <https://www.eventbrite.ca/e/our-whole-society-2021-tickets->

Saskatchewan March For Life

Saskatchewan March For Life in Regina on Saturday May 8th, 2021 from 2 pm - 3:30 pm. Meet up at Albert St. and Leopold Cres., as we witness to life and support the National March for Life. This event will be similar to the 2020 Life Chain and we will maintain protocols and distance along Albert St. in Silent Witness.

Part-Time Archbishop's appeal Assistant

The Archdiocese of Regina, Archbishop's Appeal Department, is seeking to hire an Archbishop's Appeal Assistant. The position is to start June 1, 2021, or earlier. This is a part-time position 17.5 hours per week; 3.5 hours per day, preferably afternoons. Some flexibility to these hours may be possible. A diploma/certificate in business or marketing or related experience is preferred. Applications would be required to provide evidence of education/training and a Vulnerable Criminal Record Check. Fluent oral and written English communications skills and proficiency in donor software are also preferred. Remuneration will be based on training and experience. A complete resume and covering letter should be sent to Leona Burkhart at lburkhart@archregina.sk.ca no later than May 7, 2021 For a complete job description and/or further information, contact: M. Martinez at mmartinez@archregina.sk.ca

Trinity Manor at Westerra: Welcome Home!

At Trinity Manor we know your pets are family, and they are welcome at Trinity Manor. Have your pet move into our luxurious suites and include them as a part of our community. Trinity Manor is part of the Emmanuel Care community. Emmanuel Care is a healthcare ministry of the Catholic Church that ensures the legacy of Catholic health care organizations and services in Saskatchewan. One resident says "I toured many different places, all equally beautiful, with great care. Trinity Manor was the only one that took care not only of my physical needs, but my spiritual needs as well". Attend daily mass, or spend time in quiet reflection in our tranquil chapel. Book your personal tour now by contacting Franci at 306-550-8077 or visit us at www.trinitymanorregina.ca.

