

LITTLE FLOWER PARISH

FOURTH SUNDAY OF LENT
MARCH 19, 2023

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 p.m.

Wednesday & Friday 8 a.m.

Thursday 9:30am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 a.m.

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

(We continue to monitor phone calls
weekdays from 8:30 a.m. to 4 p.m.)

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino & Lauana
Candido

Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.

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S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net

www.littleflowerregina.ca



Land Acknowledgement

Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

FOURTH SUNDAY OF LENT

MARCH 19, 2023

Theme: Jesus the light who reveals the Father, is with us. In his light, the eyes of the blind are opened. But those who think they can see by their own power remain in the darkness.

This Week in the Parish . . .

Contact the office to request a Mass for your loved ones.

The agenda for 2023 Mass requests is open

Mass intentions for this week are:

Tues., March 21	4 p.m.	Intentions of Bruce and Tara Kardash
Wed., March 22	8 a.m.	+Repose of Heinz Blank
Thu., March 23	9:30am	No mass Intentions
Fri., March 24	8 am.	+Repose Kathleen Wing
Sat., March 25	5 p.m.	+Repose of Eddy Schmidt

Weekday Altar Server: Gabe Seiferling

March 22—Return to vibrancy committee meeting 10 am

Donation envelopes for development and peace



Donation envelopes for development and peace are in the pews. Please pick one of if you're willing to donate. They may be placed in the collection baskets during the next two or three weeks

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.



The Miller Catholic Comprehensive High School

Would like to thank you, Little Flower Parish, for opening up your beautiful church and hall for us to hold our grade 9 Catholic Studies retreats. We are grateful that our 335 grade 9's were welcomed to pray and build community during our six retreat days held in December and February. Thank you to Valerio, Jerry, Gabe, and Rick who extended warm hospitality to us. It is good to have youth in our churches!!

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you've been admitted to the hospital.

Office Hours



Office Hours for in-person services are now Monday to Friday, 9:30 am to 1:30 pm and on Saturdays, 9:00 am to 1:00 pm. Phone calls and emails will be monitored and answered during the day as usual.



“Not as man sees does God see, because man sees the appearance but the Lord looks into the heart.”

1Samuel 16:7

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

Food Drive



Thank you for all the donations to our Food Drive this month. Your kindness will touch the lives of many people.

Miller High School—50th reunion



The Class of 1973 from Miller Comprehensive High School in Regina is having a 50th Reunion for members of the class. The Reunion is on **Friday June 23** and **Saturday June 24** in Regina. If you are from this class or know of someone from this class please note the Reunion Dates. If you would like to attend or you require additional information you may contact the Reunion committee for more information at **306-731-3008** or email: miller1973alumni@gmail.com. There is also a private **Facebook Group for our Alumni members to connect at Miller High School Regina SK 1973 Grads.**

SACRAMENTAL PREPARATION



Our Sacramental preparation sessions will restart this coming Saturday March 18th at 2pm. The sessions will take place at the Parish’s Hall



itwewin Corner (itwewin is the Cree word which means ‘the word’ or ‘as it is said...’)

Fr. John Weckend, Archdiocese of Regina Truth and Reconciliation Healing Committee.

Did you know... Keeseekoose First Nation is a Saulteaux nation located near Kamsack, Sk. with a population of approximately 2,500 members who live on and off reserve. Chief Kiishhikouse (Little Sky) signed an adhesion to Treaty 4 in 1875. On February 15, 2022, Chief Ketchemonia announced that 54 unmarked graves were found at Fort Pelly and St. Phillip’s Indian Residential Schools sites. Survivors spoke in their Saulteaux language when they told their stories of the abuses they experienced in these institutions. Retrieved on February 17, 2023, <https://leaderpost.com/news/saskatchewan/keeseekoose-first-nation-announces-discovery-of-54-unmarked-graves>



Prayer Ministry

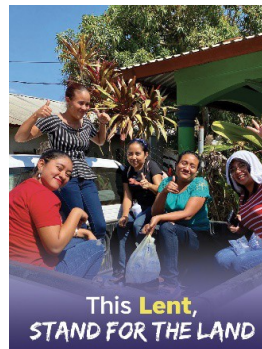
Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Germain Beurivage, Ann Dormuth, Jose Estioco, Agnes Fahlman, Marlene Frey, Fred Fry, Jack Gebert, Dean Hutchence, Shelly Joubert, Judy Klenk, Don Morrell, Lima Perras, Claudia Sali, Ron Strassburger, Clair Wingerter, Louise Wingerter, the lonely, vulnerable, and homeless, as well as all who are affected by war.

Vocation View

“Take no part in the fruitless works of darkness; rather expose them, for it is shameful even to mention the things done by them in secret; but everything exposed by the light becomes visible, for everything that becomes visible is light.”

Ephesians 5:8-14:

Development & Peace Standing for the Land in Honduras



Honduras’s diverse ecosystems, fertile lands and rich natural resources attract many profiteering enterprises that overexploit the land to no benefit for local communities. Development and Peace — Caritas Canada supports Equipo de Reflexión, Investigación y Comunicación (ERIC, Reflection, Research and Communication Team), an organization that helps communities in their struggle for land and territory and investigates human rights abuses. This Lent, meet our solidarity visitor Elvin Hernandez, a human rights investigator at ERIC. Learn more at devp.org/lent.

A Word About Trauma...

Trauma and associated words are being used more now than ever. Do we know the origins of these words? Are their meanings different now than when they were first used? Each week we will explore a trauma-associated word's origins, meanings and evolution.

Abuse: Verb /ə'byooz/ Noun /ə'byoos/

Starting as a verb and became a noun in the mid-15th century. The early link for abuse was from Old French, and by the mid-15 century was "improper practice," moving to "violation defilement." Forbidden sexual situations originally meant incest, etc., and by 1550, became specific to misuse sexually with a change to the modern description of "subjected to unwanted sexual activity." The term abuse is now associated with the improper use of substances.

The Gale Encyclopedia of Medicine defines abuse: as any action that intentionally harms or injures another person. Physical, sexual, emotional, neglect and substance are some types of abuse.

Way of the Cross Through the Voices of Victims of Clergy Sexual Abuse

The Way of the Cross through the Voices of Victims of Clergy Sexual Abuse will be celebrated at Holy Child on Friday, March 31, at 7 PM. All are invited to gather together at this service of prayerful solidarity and support as we begin our Lenten journey.

LESSON FIFTEEN

FAQ: Can the Catechism help an individual's quest for God?

It is organized by the four pillars of catechesis (Creed, Sacraments, Morality & Prayer); it can be used as a valuable resource for forming catechumens in a group or an individual. Since the Catechism does not intend to offer a methodology for catechesis, its content can be used in various catechetical methods with equal value. The Catechism has an inherent flexibility that can correspond to the faith journeys of all believers.

Is God a man with a long beard? Dieu, est-il un homme avec une longue barbe ?

Watch Videos: archregina.sk.ca/group/catechetical-support-parishes/

Read the Catechism Text: CCC#'s 239 & 370

Sacred Scripture: Ephesians 4.5 & 6, Genesis 1.27, Psalm 89.26, 103.13 Isaiah 64.8,

Saint Clement of Alexandria 150-215 AD (Head of the Catechetical School of Alexandria): "In his ineffable essence he (God) is father; in his compassion to us he(God) became mother. The father by loving becomes feminine." – Quis Dives Salvetur? (Who is the Rich Man to be Saved?)

13 TUESDAY DEVOTIONS IN HONOUR OF ST. ANTHONY

These devotions began in 1933, and each year many faithful from around the city seek the intercession of our patron saint. We can turn to St. Anthony to help us find what we've lost, but let's not stop at our car keys or important documents. What about times when we've lost our faith, when we've lost our way or when we've lost all hope? Let us bring these matters to St. Anthony, and we might discover that what we find is even better than what we thought we lost. Saint Anthony's Roman Catholic Parish (2275 Atkinson Street) invites you to the Thirteen Tuesday Devotions in Honour of Saint Anthony, beginning March 21st at 7:00 p.m.

Music Sacra Good Friday Meditative Choral Reflections

Featuring:

Mass for Double Choir by Frank Martin

Friday, April 7, 2023

7:30 PM Campion Chapel

Spring Supper

At Our Lady of Pace Church, 425 Broad Street. Roast Beef April 14, Turkey April 16. Catered by Charlottes from 5:00 to 6:30. Tables reserved for 6 or more. We will deliver meals (10 or more) to Facilities for the handicapped, elderly, or shut-ins. For tickets...\$25.00 for adults... children 7 to 12 \$15.00, under 6 Free---call Anita at 543-0421 or Text or call Dennis at 530-2370 for e-transfer. Sponsored by Our Lady of Peace Finance Council to help with Mortgage Payments. This facility is accessible

SAVE THE DATE CHAS' 80TH CONVENTION

Title: Holistic Care: Healing Through Stories, Spirit and Song

Dates: Thursday October 26 - Friday October 27th, 2023

Location: Queen's House of Retreats in Saskatoon

More details to follow