LITTLE FLOWER PARISH 18th to 22nd Sundays in Ordinary Time August 1 to September 4, 2021

Further, in keeping with the Code of Canon Law no. 87, I grant to all the Catholic faithful dispensation from their Sunday obligation until further notice.

Little Flower Sunday Masses

Saturdays, 5:00 p.m. Sundays, 10:00 a.m.

Weekday Masses Tuesday 4:00 pm Wednesday to Friday 10:00 am

Little Flower Office Hours Tuesdays to Fridays 10:00am—4:00 pm

Parish Staff Team

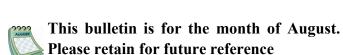
Parish Administrator: Rev. Jake Ibay littleflowerregina@sasktel.net Office Administrator: Valerio Quirino littleflowerregina@sasktel.net Pastoral Assistant: Bonnie Thiele Hunt bonnie.littleflower@sasktel.net Caretaker / Maintenance: Rick Morin



"If you give some of your own food to [feed] those who are hungry and to satisfy [the needs of] those who are humble, then your light will rise in the dark, and your darkness will become as bright as the noonday sun."

Isaiah 58:10

420 College Avenue Regina, Saskatchewan S4N 0X2 Phone (306) 522-8583 E-mail: littleflowerregina@sasktel.net Website: www.littleflowerregina.ca



Little Flower Parish is wheelchair accessible through the Edgar Street entrance.

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfill our mission of proclaiming the gospel daily in word and deed.



18th to 22nd Sundays in Ordinary Time AUGUST 1 TO SEPTEMBER 4, 2021

Theme: God is infinite love, and he created us with a capacity, a spiritual hunger for the infinite. Jesus came to satisfy that hunger, to give himself to us -- physically, mentally, spiritually

This Week in the Parish ...

Daily Mass intentions as listed below:

- Tues., August 3 +Repose of Kathleen Wingerter
- Wed., August 4 No Mass intention

Thurs., August 5 No Mass intention

+Repose of Ed Ripplinger Fri., August 6

Sat., August 7 +Repose of Lucila Bedonia & Francisco **Brilhantes**

Intentions of Josie Howard, Thanksgiving and Good health of her family

Weekday Lector/Altar Server: Gabe Seiferling

We ask you to please continue remembering our parish with your weekly donations, as our basic expenditures do not stop during the summer months. Your collection envelopes may be placed in the parish mail box outside the office door. For safety reasons we would prefer to receive your donations by cheque. Thank you for all the support!



A little message from Jean Zdunich:

Dear Little Flower Parishioners,

My heartfelt thanks for your thoughts, prayers, and mass intentions during my recent illness. I truly believe it was your prayers along with those of family and friends that were instrumental in my recovery. God bless you.

Sincerely, Jean Zdunich

Hospital Chaplains O Catholic chaplains visit patients and their families to address any spiritual needs, to pray, to provide a friendly face and comforting presence, Hospital Chaplains to talk about people's fears and concerns, to bring Communion, and to contact a priest for Anointing of the Sick. If you or a family member wish to receive a visit from a chaplain, please call: General Hospital 306-519-1405, Pasqua Hospital 306-519-1380, Wascana Rehabilitation Centre 306-530-6511.



Marian Centre

The Marian Centre Staff wish to thank you for MARIAN your generous support of our lunch program during the many months of Covid restriction. We have served approximately 650 bagged lunches each week, and the donation of baked goods (muffins and cookies) and other lunch food donations have been a great support for us in this effort. We will serve our last meal in July on the 27th of this month and then will be closed for the month of August. We will resume serving lunches, at the door, on Friday September 3rd. It is our hope to begin serving meals inside our dining room on October 18th. We pray that the summer days to come are most blessed for you. Once again, Thank You!

Food Drive



Our monthly Food Drive will take place August 14 & 15. All contributions are welcome. Thank **FOOD** you for sharing your treasure with those around you. Please be mindful that we do not accept packaging that has been opened, items that are

partially used or those beyond their expiry date.

Offering of the Mass

By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making an atonement so that they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses may be requested through the parish office. If you'd like to offer a mass on a specific date, please make arrangements at least one month in advance.

18th Sunday in Ordinary Time - August 1, 2021

"Each day the people are to go out and gather their daily" portion; thus will I test them, to see whether they follow my instructions or not." Exodus 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

19th Sunday in Ordinary Time - August 8, 2021

"Get up and eat or the journey will be too much for you!" 1 Kings 19:7

God knows that committing to a stewardship lifestyle is difficult. However, we were not designed to do it on our own, we need His help. Fortunately, God gave us the greatest gift of all, His son, Jesus. Through the gift of the Eucharist we join our sacrifice with the sacrifice of the Holy Mass and receive the strength and courage to be His joyful disciples.

The Assumption of the Blessed Virgin Mary - August 15.2021

"And Mary said, "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior." Luke 1: 46

After Jesus, we look to Mary as our model of stewardship. Her entire life was lived in obedience to God's will. Just as the moon reflects the light of the sun, Mary reflects the light of Christ. Like Mary, we too are called to reflect Christ to the world. We do this by living grateful and generous lives. We do this by putting other's needs before our wants.

21st Sunday in Ordinary Time - August 22, 2021

"If it does not please you to serve the Lord, decide today whom you will serve... As for me and my household, we will serve the Lord." Joshua 24:15

When we commit to serve the Lord, we must be willing to become a disciple in the work of the Lord. A disciple is a person who spends time in prayer every day, joyfully participates in charitable works and generously supports their local parish and Church mission. If we say we serve God, we must actually do something and not merely talk about it!

22nd Sunday in Ordinary Time - August 29, 2021

"Be doers of the word and not hearers only..." James 1:22

It's easy to understand the definition of stewardship – living a grateful and generous life. The hard part is doing it! How do your actions reflect God's word? Do you share your time in prayer with God? Do you use your talent to help those in need? Are you generous with your financial resources? If not, what are you waiting for?

Prayer Ministry

Please pray for the needs of the sick of our parish, the homebound, those who are affected by COVID-19 and the health professionals working on the front line, those in nursing homes and those who care for them, especially: Jean Zdunich, Jose Estioco, Germain Beaurivage, Jack Gebert, Dean Hutchence, Judy Klenk, Don Morrell, Claudia Sali, Ron Strassburger, Louise Wingerter, Father Lorne Crozon, Father Brian Meredith.



John Oh & Sue Lee—August 2—18 years Jaime & Thonilyn Blasé—August 9—22 years Ronald & Eileen Strassburger—August 15—40 years Jason & Jackie Stich—August 16—13 years Ron & Brenda Perras—August 18—36 years Ilario & Bruna Breda—August 21—67 years Bill & Maria Folk—August 23—35 years Mel & Sophie Hinds—August 24—64 years Ron & Lori Volk—August 24—58 years Rosil & Sharon Dodman—August 24—30 years Kenneth & Gadia D'Souza—August 25—3 years Jeff & Peggy Sydorko—September 1—20 years Charlie & Maggie Cox—September 2—32 years Gerry & Jane Deutsch—September 4—50 years

Richest blessings to all our couples. You are a particular witness of God's love and fidelity amongst us!

Vocation View

"Dear friends, let us love one another, for love comes from God. Everyone who loves has Vocations been born of God and knows God.."

John 4:7

COVID-19 Update

All public health restrictions are removed, including gathering sizes and mandatory masking. Although, everyone will have their own level of comfort with these changes.

Keep in mind that some government restrictions could return if case numbers grow again. Parishioners, visitors and newcomers don't need to contact the office to have their names on a list anymore.

Thank you for all your patience and understanding during this time.



Reconciliation and healing for residential school survivors and their communities-financial appeal announced by Saskatchewan bishops.



The five Catholic bishops of Saskatchewan on July 13 released more details about a planned fund-raising appeal entitled "Catholic TRC healing response." The Saskatchewan bishops said that the appeal's goal is "to support Residential School survi-

vors and their communities and to engage more deeply in our own ongoing commitment and response to the Truth and Reconciliation process" with funds going to the priorities of healing and reconciliation; cemeteries on the sites of former residential schools; and education and cultural support. "We are collaborating with potential participants, and consulting with Indigenous dialogue partners, including Survivors, Elders, Knowledge Keepers, Chiefs, and other community members. Out of these conversations, each diocese and eparchy will discern and communicate separately how they will proceed with the Appeal in their respective dioceses and communities," said the bishops. For those who wish to donate immediately or make a long-term pledge, see the online giving options at: https://dscf.ca/catholic-trc-healing-response.

Pope Francis' Monthly Prayer Intentions



The Church - Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

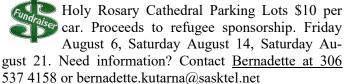
Rachel's Vineyard Ministry of SK 2021 Retreat



Are you hurting because of an abortion? Rachel's Vineyard is a safe place to renew, rebuild and redeem hearts broken by abortion. Weekend retreats offer you a supportive, confidential and nonjudgmental environment where women

and men can express, release and reconcile painful postabortive emotions to begin the process of restoration, renewal and healing. Our next retreat in Saskatchewan will be held Oct 1-3, 2021. To register, please contact Elaine at 1-306-480-8911 or email: r.vineyardsk@sasktel.ne

Saskatchewan Roughrider Home Game Parking Fundraiser



The Archdiocese of Regina Lay Formation Program **Sharing The Joy Of The Gospel!**



Our mission is to provide you with a renewed missionary zeal fueled by the joy of the Gospel! One weekend per month from October until June, Catholics who want to know, love and serve Christ more deeply come together at

Campion College in Regina.

During this three-year program you will; +Become more deeply aware of God's personal love and activity in your life.

+Encounter Jesus Christ, discover his plan of sheer goodness for you and deepen your relationship with Christ and his Church.

+Discover how to more intentionally integrate your faith in daily life in service to Christ.

+Be given the Spiritual and Formation tools you need to follow Christ's commission to "Go, make disciples of all nations".

We are currently accepting applications for our fall intake. For more information on how to register or our COVID-19 health and safety protocols, please contact our Program Coordinator, Deacon Eric Gurash at 306-352-1651 ext 211 or email him at egurash@archregina.sk.ca

Pilgrimage at the Shrine of Our Lady of Lourdes -Sunday, August 8, 2021



Pilgrimage at the Shrine of Our Lady of Lourdes, St. Peter's Colony, near Kronau, SK to begin with Adoration/Benediction & Reconciliation in the Grotto at 1:00 pm. information see attached poster,

further For www.stpeterkronau.ca or call Fr. Chinh Vu at 306-771-2387

Holy Cross Charity Golf Tournament - Sunday, September 12th, 2021

The CAL MURPHY MEMORIAL, Holy Cross Charity Golf Tournament, Deer Valley Golf Club. For more info, see attached posters, contact Holy Cross office at 306-347-0929 or email hc.office@holycrossregina.ca