

LITTLE FLOWER PARISH

THE MOST HOLY TRINITY
MAY 26TH, 2024

Little Flower Weekend Masses

Saturday 5 p.m.

Sunday 10 a.m.

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4:00 pm

Wednesday to Friday 8 a.m.

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 a.m.

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 a.m. to 1 p.m.

Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &

Lauana Candido

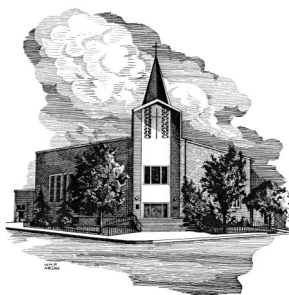
Caretaker/Maintenance: Rick Morin

Parish email: littleflowerregina@sasktel.net



TRINITY SUNDAY

MISSION STATEMENT: Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email:

littleflowerregina@sasktel.net

Land Acknowledgement



Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.



Little Flower is wheelchair accessible through the Edgar Street entrance.

LITTLE FLOWER PARISH **THE MOST HOLY TRINITY** **MAY 26TH, 2024**

Theme: We worship one God, Trinity in Unity. The three Persons are joined in unending dance -- in love and join from eternity to eternity. They invite us to enter their life.



Contact the office to request a Mass for your loved ones. The agenda for 2024 Mass requests is open

Mass intentions for this week are:

Tues. 28	+Repose of Frank Sali
Wed. 29	No Mass Int.
Thu. 30	+Repose of Clair Wingerter
Fri. 31	No Mass Int.
Sat. 1	+Repose of Janet Chenier

Altar server Of the Week: Barb Aman

Offering of the Mass



By virtue of the “communion of saints,” the Church commends the dead to God’s mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Return to Vibrancy Announcement:



Lisieux is an attractive town about two hours west of Paris where a large modern Basilica is dedicated to Thérèse. The former home of the Martin family is now a museum where the saint's toys and dolls are displayed. Visitors can use the same stairs

Thérèse would have run up and down. People come from all over the world to visit a shrine honouring an obscure nun who did nothing except write down some deep thoughts.

Upon reading Story of a Soul, many are amazed by the humility and simplicity of the saint, others by her radical heart centered theology, and still others by her courage in facing the doubt that God even existed.

St. Thérèse said: Everything is a grace because everything is God’s gift.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

Please also let your parish know if you’ve been admitted to the hospital.

Stewardship Bulletin Bit May 26, 2024 The Most Holy Trinity

"The Spirit itself bears witness with our spirit that we are children of God, and if children then heirs, heirs of God and joint heirs with Christ..."

Romans 8:16-17

If we are heirs to the kingdom of God, shouldn't we work to build up His kingdom? Shouldn't we be good stewards of our inheritance, using our time in prayer, our talent in charitable works and our treasure to care for the Church that God has left to us? Our Church is a treasured heirloom from God. Do we treat it that way?

Join us for a delightful Father's Day Pancake Breakfast on June 16th!



We invite all parishioners to come together for a morning of delicious breakfast, warm fellowship, and celebration of fatherhood. Let's honor the

fathers, grandfathers, and father figures in our community.

Date: June 16th

Time: 9:00 AM - 12:00 PM

Location: Little Flower Parish Hall

Prices:

Adults: \$12

Children (12 and under): \$5.00

Kids aged 5 and under: Free

No advanced tickets will be sold.

Your support for our parish events helps make our community vibrant and thriving. Together, we can create memorable experiences and strengthen the bonds within our parish family.

Donut & Coffee Day Announcement



Join us downstairs after Mass on Sunday, 9th, for a delightful Donut and Coffee Day celebration! Enjoy tasty donuts and freshly coffee with us. See you there.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out. Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Delores Blank, Theresa Sokalski, Judy Klenk recovering from surgery.

Attention, Parish Community!



A friendly reminder for all our parishioners: Did you know that our Parish has an active Facebook page? Yes, indeed! While it may not be brand new, it's still the go-to place for staying updated on all the happenings within our community.

On our Facebook page, we regularly share upcoming events, important announcements, and thoughtful reflections. It's a fantastic way to stay connected with your fellow parishioners and engage with the heart of our Parish, even from the comfort of your own home.

If you haven't already, we invite you to LIKE and FOLLOW our page to ensure you don't miss out on any of the exciting updates. You can search for us as "Little Flower Parish" on Facebook, or simply use the QR code provided below to easily access our page.



And here's a special request: could you please consider SHARING our events and posts on your personal Facebook profiles? By doing so, you're helping us reach a wider audience and inviting more individuals to join us in supporting our church and our events. Let's work together to spread the word and extend the warm embrace of our Parish community to all who seek it.

Thank you for your ongoing dedication and enthusiasm. Let's continue to make our Parish Facebook page a vibrant hub of connection, inspiration, and faith!

Catholic Engaged Encounter

Getting married? Want a weekend away to focus on your relationship? Catholic Engaged Encounter uses a method of marriage preparation that has been used in hundreds of dioceses throughout the world since 1976 and was Vatican approved in 1992 by Pope John Paul II. A weekend will be held at the Briercrest college the 14 to the 16th of June. Also at Mother Teresa Centre at Kenosee on 15 to 17th of November. For more info or to register visit ceewest.com, Contact Kim and Vance Weber at eereginnacc@gmail.com if you have any questions.

Rapid Access Counselling for those impacted by Suicide Loss

Free 1-Hour Sessions with trained counsellors Available in-person, phone, and video appointments Book your session at counsellingconnectsask.ca Provided by Family Service Saskatchewan Catholic Family Services of Prince Albert, 306-922-3202 Family Service Regina, 306-757-6675 Family Service Saskatoon, 306-244-0127 PARTNERS Family Services (serving rural central Saskatchewan), 306-682-4135

Canadian Christian Meditation Community National Conference Retreat - From Anxiety to Peace

UBC Vancouver July 5-7, 2024 In-person or Online The Canadian Christian Meditation Community Conference Retreat: From Anxiety to Peace will be led by Benedictine Father Laurence Freeman, Spiritual Director of the World Community of Christian Meditation, and recipient of the Order of Canada for interfaith dialogue. July 5-7, 2024, at UBC Vancouver. Participants can attend in person or online. Register early as in-person spaces are limited. For more information contact JoAnn 604-318-3429, Maeve at bcccchristianmeditation@gmail.com, visit wccm-canada.ca or the Vancouver Archdiocese Events Page beholdvancouver.org/events

TF #402: Finding Grace in the Dark The Examen Prayer and Mental Health

During this Mental Health Awareness Month, Deacon Eric Gurash discusses the challenges of navigating a relationship with God amid acute mental health struggles and chronic mental illness and points to the Examen as a particularly powerful tool for building resiliency and discovering God's presence even in our hardest trials. thinkingfaith.libsyn.com/finding-grace-in-the-dark-the-examen-prayer-and-mental-health

Initial Results from the 2024 Share Lent Campaign

Thank you for all your very hard work in promoting the Share Lent campaign this year! So far the campaign has raised \$2,247,548.56. Check out the Thank-You Video at youtube.com/watch?v=wThe8Mz0DAA.

Thank you, on April 25, 52,629 signatures were delivered to the Honduran Ambassador. Read about it at: devp.org/en/wp_press_release/stand-for-the-land-campaign-concludes-with-honduran-ambassador-to-canada-receiving-over-52000-signatures/

an additional article thanking those who have signed can be read here: catholicregister.org/opinion/columnists/item/36722-the-heartfelt-sound-of-human

Emmaus Family Support

1 in 4 families experience mental health challenges. If you are looking for support, Emmaus Family Support is here to help. Join our community of caring individuals, meeting monthly at Holy Trinity parish in Regina (and accessible online via Zoom), who understand what you're going through. Visit emmaussupport.ca or contact Deacon Eric Gurash at emmausmental-health@gmail.com or 306-721-6724 to learn more