

LITTLE FLOWER PARISH

**THE PRESENTATION OF THE LORD
FEBRUARY 2, 2025**



Little Flower Weekend Masses

Saturday 5 pm

Sunday 10 am

Reconciliation prior to mass OR by appointment

Weekday Masses

Tuesday 4 pm

Wednesday to Friday 8 am

College Park I Retirement Residence Liturgy

1st & 3rd Thursday of the month 10 am

College Park II Retirement Residence Liturgy

2nd & 4th Friday of the month 10 am

Office Hours (for in-person service)

Monday to Friday: 9:30 am to 1:30 pm

Saturdays: 9 am to 1 pm

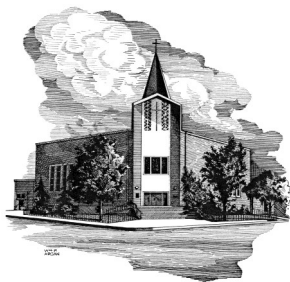
Parish Staff

Parish Administrator: Rev. Jake Ibay

Office Administrator: Valerio Quirino &
Lilian Marouelli

Caretaker/Maintenance: Rick Morin

MISSION STATEMENT: *Little Flower Parish as a faith community reaches out to all in service, compassion and love to fulfil our mission of proclaiming the gospel daily in word and deed.*



420 College Avenue

Regina, Saskatchewan

S4N 0X2

Phone 306-522-8583

Email: littleflowerregina@sasktel.net



Little Flower is
wheelchair accessible
through the Edgar
Street entrance.



Land Acknowledgement : Little Flower Parish is located on Treaty 4 Territory, the traditional lands of the Nêhiyawak, Nahkawé, and Nakota, and homeland of the Dakota, Lakota, and Métis peoples.

THE PRESENTATION OF THE LORD

FEBRUARY 2, 2025

Theme: We know who Jesus is. His identity is not a question for us as it was for the people of his time. But, on a deeper level, Jesus poses a question for us even today: Who do we want to be for him? This celebration offers us the opportunity to hear that challenge and to respond to it.



Mass Intentions

Tuesday	4:00 pm	Healing of Paul Schimmchmann
Wednesday	8:00 am	No Mass Intention
Thursday	8:00 am	No Mass Intention
Friday	8:00 am	No Mass Intention
Saturday	5:00 pm	Int. of Annie Dormuth

Altar Server: Gabe Seiferling

To request a Mass Intention, please contact the Parish Office. The 2025 agenda is now open.

St. Thérèse



At the time St. Thérèse was born, Zèlie Martin was most likely in the early stages of the breast cancer. Considering her health Zèlie found it difficult to care for her newborn baby. Thérèse was not thriving and after three months, the ailing infant was fostered out to Rose Taillè. Rose took over the task during the next twelve months and reared Thérèse into a happy, sun tanned, precocious toddler. Thérèse described herself as bossy and temperamental and frequently given to tears when things didn't go her way.

St. Thérèse said: "Jesus, help me to simplify my life by learning what you want me to be, and help me to become that person."

Offering of the Mass



By virtue of the "communion of saints," the Church commends the dead to God's mercy and offers her prayers especially the holy sacrifice of the Eucharist, on their behalf. (Catechism of the Catholic Church). This practice dates as far back as Judas collecting a sin-offering for the dead, making atonement so they might be delivered from their sin. (2 Maccabees 12:39-45). Masses may also be offered for the intentions of the living or in thanksgiving. Masses are requested through the parish office.

Hospital Chaplains

Catholic chaplains visit patients and their families to address any spiritual needs.

To receive a visit from a chaplain, call:

- General Hospital 306-519-1405
- Pasqua Hospital 306-519-1380
- Wascana Rehab Centre 306-530-6511

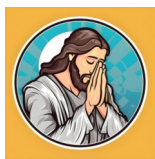
Please also let your parish know if you've been admitted to the hospital.

Stewardship Bulletin Bits
February 2, 2025
The Presentation of the Lord

“Because he himself was tested through what he suffered, he is able to help those who are being tested.” –
Hebrews 2:18

When we join a support group, there is comfort in sharing our pain with people who have experienced the same thing; they understand what we are going through. The next time you experience suffering, talk to Jesus. He has experienced more suffering than most of us; He understands. Plus, Jesus knows us better than we know ourselves. Only He can fill the hole you feel in your heart.

Living In The Psalms - Part 3



Join Deacon Eric Gurash for part three of Living in the Psalms. This week, discover the over-arching theme of the Psalms and examine how to approach the Psalms from a personal, lived perspective. Deepen your understanding of how to see and hear the Psalms through the lens of metaphor, parallels and repetition and how these tools of Hebrew poetry can help connect the Psalms to our daily lives. <https://thinkingfaith.libsyn.com/living-in-the-psalms-part-4>

Readings for the Presentation of the Lord

First Reading – [Malachi 3:1-4](#): The Lord announces the coming of His messenger, preceding Him. His arrival will purify and refine, making offerings righteous and pleasing, restoring ancient glory.

Responsorial Psalm – [Psalm 24](#): Open the gates for the powerful, valiant King of Glory. The Lord of armies, He reigns supreme.

Second Reading – [Hebrews 2:14-18](#): Jesus, fully human, died to conquer death and release humanity from its fear, not to aid angels. His humanity enables him to empathize and intercede as our high priest.

Gospel – [Luke 2:22-40](#): Mary and Joseph presented Jesus at the temple, fulfilling the Law of Moses. Simeon, led by the Holy Spirit, recognized Jesus as the Messiah, prophesying his impact on Israel and a future sorrow for Mary. The prophetess Anna also acknowledged Jesus, sharing his significance with others. Jesus grew in wisdom and grace.

Prayer Ministry



Please pray for the needs of the sick of our parish, the homebound, people who are alone and/or afraid to go out.

Pray especially for the repose of the souls of Tim Wingerter and Hartley O'Connor.

Pray especially for: Ann Dormuth, Jose Estioco, Agnes Fahlman, Dean Hutchence, Shelly Joubert, Don Morrell, Lima Perras, Anthony & Louise Wingerter, Claudia Sali, Theresa Sokalski, and Judy Klenk.

International Dinner
March 8th, 6 PM



Join us for an exciting International Dinner at Little Flower Parish on Saturday, March 8th! Enjoy a variety of delicious dishes from around the world, including appetizers like Spring Rolls and Bruschetta, main dishes such as Chicken Tikka Masala and Pork Adobo, and desserts like Bread Pudding and Gulab Jamun.

The evening will feature entertainment by Jesse Stradeski's Elvis Tribute, a 50/50 Draw, and Prize Alley. We encourage guests to wear ethnic attire for added fun!

Ticket prices:

- Adults: \$30
- Youth (7-12 years): \$12
- Children (6 and under): Free

Tickets are available for purchase after weekend Masses or at the Parish office (306-522-8583) and Gord (306-596-4767).

All proceeds will support parish projects.

Come for a night of food, fun, and fellowship! We look

Parish Food Drive Announcement



We are excited to announce our Food Drive, taking place next weekend, **February 8th and 9th!**

Thanks to your generosity, last year's food drive was a great success, and we are looking forward to making an even bigger impact this year. We invite you to bring non-perishable food items to help those in need in our community.

Your support is greatly appreciated!

Summary of Pope Francis' Message for World Day of the Sick – February, 2025

*“Hope does not disappoint” (Rom 5:5),
but strengthens us in times of trial*

On the 33rd World Day of the Sick, Pope Francis invites us to be **“pilgrims of hope”** and reminds us that “hope does not disappoint” (Romans 5:5). In times of illness and suffering, we are called to experience God’s closeness in three key ways: encounter, gift, and sharing.

1. Encounter: Illness becomes an opportunity for a transformative encounter with the Lord. In our weakness, we discover God’s strength and compassion, reminding us that we are never alone, and that suffering brings us closer to God.

2. Gift: Hope in Christ’s resurrection is a gift, strengthening us through life’s trials. The risen Lord walks beside us, offering encouragement and light through difficult moments, giving us the confidence to keep moving forward.

3. Sharing: Suffering often leads to mutual enrichment, teaching us to share in one another’s pain and hope. Through our care and support for the sick, we become instruments of God’s love and hope, whether we are patients, caregivers, or loved ones.

Pope Francis expresses gratitude to those who suffer and those who care for them, acknowledging their role as signs of hope and dignity for the entire Church. He encourages us to cherish these moments of grace, which offer light and strength even in the darkest times.

In this Jubilee year, let us continue to offer our prayers and care for the sick, with faith in the power of hope and love.

Life in Abundance as Proclaimed by a Universal Christ

A 7-Episode video series with Father John Weckend

Father John shares some of his reflections on a cosmic and more universal approach to 'The Christ'. It brings a broader approach to the dogma of the Incarnation and how it affects our life and spirituality. Episodes will be released weekly on Friday at 7 am. Scan the QR Code to watch :



Living in the Present: Here and Now

I was reviewing the readings and Gospel for Sunday, February 2nd and was struck by how the theme throughout the readings was on the concept of Jesus preparing the way and trusting that Jesus will always accompany us. This reminded me how important it is to live in the present and to believe in the importance of pray. I was reviewing a reading by Henri Nouwen and would like to share a passage.

To live in the present, we must believe deeply that what is most important is the here and the now. We are constantly distracted by things that have happened in the past or that might happen in the future. It is not easy to remain focused on the present. Our mind is hard to master and keeps pulling us away from the moment.

Prayer is the discipline of the moment. When we pray, we enter into the presence of God whose name is God-with-us. To pray is to listen attentively to the One who addresses us here and now. When we dare to trust that we are never alone but that God is always with us, always cares for us, and always speaks to us, then we can gradually detach ourselves from the voices that make us guilty or anxious and thus allow ourselves to dwell in the present moment. This is a very hard challenge because radical trust in God is not obvious. Most of us distrust God. Most of us think of God as a fearful, punitive authority or an empty, powerless nothing. Jesus’ core message was that God is neither a powerless weakling nor a powerful boss, but a lover, whose only desire is to give us what our hearts most desire.

To pray is to listen to the voice of love. That is what obedience is all about. Without listening, we become ‘deaf’ to the voice of love. When we no longer pray, no longer listen to the voice of love that speaks to us in the moment, our lives become absurd lives in which we are thrown back and forth between the past and the future. If we could just be, for a few minutes each day, fully where we are, we would indeed discover that we are not alone and that the One who is with us wants only one thing: to give us love. (Page 21-23).

Adapted from: Nouwen, Henri J.M. (1994) Here and Now—Living in the Spirit, The Crossroad Publishing Company, New York.