

## **Companions on the Journey - A Workshop on Mentoring and Accompaniment**

**When:** January 19, 2019

**Where:** Church of Our Lady Parish, 5266 Vaughn Street, Moose Jaw SK

**Time:** 9:30 am – 3:30 pm

This workshop will feature a keynote address on accompaniment and mentoring from Tom East of the Centre for Ministry Development in Washington State. Tom will provide valuable background on accompaniment and mentoring as well as concrete approaches to walking with others. The afternoon will provide opportunities for specialized breakout sessions including; Journeying with Youth, Journeying with the Sick and Dying, Journeying with Hurting Families, Journeying with LGBTQ and Journeying with Victims of Clergy Sexual Abuse.

Cost for the event is \$10 per person which covers our lunchtime meal. To register, please contact Melissa Gurash at [mgurash@archregina.sk.ca](mailto:mgurash@archregina.sk.ca) or call 306-352-1651 Ext 237

## **INVITATION TO TRINITY MANOR at WESTERRA**

You are invited to a Presentation about Trinity Manor Westerra at Christ the King Parish Hall, 3239 Garnet St. Regina on Thursday Jan. 24, 2019 at 2:30 pm.

On June 19<sup>th</sup>, 2017 Archbishop Donald J. Bolen turned sod for the construction of Trinity Manor at Westerra. It is an Emmanuel Care (formerly the Catholic Health Ministry of Sask.) facility that will accommodate 200 senior suites for either independent or personal care options.

Due to open in June of 2019, Trinity Manor Westerra is one of the newest developments in Regina and is west on Dewdney adjacent to the RCMP grounds. Trinity Manor at Westerra Inc. is located at 8351 Canola Avenue and has a show suite available for your viewing – Tuesday to Saturday noon to 4 pm.

Offering many amenities such as full meal service, weekly housekeeping including linens & towels, a chapel for mass and interdenominational services, a salt water pool, gym, licensed bistro, bus for outings and transportation to doctor appointments, an on-site Director of Life Enhancement, as well as a registered Nurse as Director of Care, Trinity Manor will truly be one of Regina's most prestigious facilities.

A limited number of Life Leases will be made available to those who sign up early. An option to rent, will also be available.

Inquires contact: Terry Cooney at [tcooney@sasktel.net](mailto:tcooney@sasktel.net)

## **Development and Peace/ Caritas Canada Share Lent**

The workshop for Regina will be held on Wednesday evening, January 23 at Holy Child Parish, 2636—7th Avenue East at 7 pm. This is a very important gathering to prepare our parishes for the Share Lent theme for this year as we 'Share the Journey' with our brothers and sisters experiencing forced migration in many areas of our world community. Each parish is asked to send at least one representative to this workshop and even more representatives from your parish would be most welcome!! Please let me know who will be representing your parish at this workshop. You can just reply to this e-mail or call Holy Child at (306) 789-8276.